

1 THIXOTROPY AND INTERLAYER BOND STRENGTH OF 2 SELF-COMPACTING RECYCLED CONCRETE

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22 23 **Abstract**

24 This work is focused on assessing the thixotropy of self-compacting recycled concrete (SCRC) and
25 on evaluating the interlayer bond strength. To do so, four SCRC mixes with 0%, 20%, 50%, and
26 100% of recycled coarse aggregate ([by volume](#)) were studied. This aggregate was used in dry-state
27 conditions and an extra quantity of water was added during mixing in order to compensate its
28 absorption.

29 Three testing methods were used to assess the degree of thixotropy of SCRC: structural
30 breakdown curves at various rotational speeds, hysteresis loop flow curves and yield stress at rest.

31 To evaluate the effect of the structural build-up at rest on SCRC interlayer bond strength, two
32 methods were used: flexural tests and water permeability tests.

33 The results indicate that the increase of thixotropy and interlayer bond strength with the
34 replacement percentage is due to the difference in the effective w/c ratio, result of the non-
35 compensated water absorption, to the higher amount of fines in the recycled aggregates and
36 generated from the old adhered mortar and also to the higher internal friction of recycled
37 aggregates. Moreover, as water absorption is compensated in the mixing protocol, changes over
38 time in the effective w/c ratio are negligible. Therefore, the thixotropic changing rate is similar in
39 all studied mixes.

40

41 **Keywords:** self-compacting concrete; recycled coarse aggregate; thixotropy; bond strength;
42 interlayer.

43 **1 INTRODUCTION AND OBJECTIVES**

44 Thixotropy is by definition a time-dependent, isothermal and reversible process [1, 2]. When a
45 cementitious suspension is sheared, its network structure is broken into smaller agglomerates and,
46 with continued shearing, eventually there is an equilibrium state in which the agglomerates cannot
47 be broken down into smaller fragments. When the suspension is at rest, the particles can form
48 weak physical bonds and agglomerate into a network [3].

49 In this way, when a fresh concrete is subjected to deformation (shearing), thixotropy describes the
50 reversible and time-dependent reduction of its viscosity, which is caused by the build-up of a
51 structure in fresh concrete at rest [4]. This structure, which provides an initial resistance to
52 deformation, is destroyed once sufficient deformation is applied to the concrete [5]. This means
53 that the physical structure building up with time in the material at rest can be broken down and
54 that the steady-state rheology characterising the material before rest can be regained [6]. In the
55 absence of shear during rest, the damaged structure rebuilds. The physical origin of this rebuilding

56 might find its foundations in the Brownian motion that could induce a slow rearrangement of the
57 particle configuration or in an evolution of the colloidal interactions between particles [7, 8].

58 For cementitious materials, however, an irreversible chemical reaction is also under way from the
59 moment the cement is intermixed with water. In practical terms, this appears as a loss in slump
60 over time [1]. Then, the structural build-up phase of cementitious materials is a function of both
61 the reversible structural changes from the thixotropic phenomena and the irreversible structural
62 changes due to hydration mechanisms and the resulting microstructure [3]. The thixotropic
63 properties of cement pastes that are measured macroscopically are strongly dependent on
64 microstructural considerations [9].

65 The apparent viscosity of the material is permanently evolving [10]. Over short timescales,
66 flocculation and de-flocculation processes dominate, which lead to rapid thixotropic (reversible)
67 effects, while over larger timescales, hydration processes dominate, which lead to irreversible
68 evolutions of the behaviour of the fluid. These two effects might in fact act at any time. As a
69 consequence of this, it is reasonable to consider that there is an intermediate period, at about a
70 couple thousand seconds, in which irreversible effects have not yet become significant. This means
71 that it seems possible to model thixotropy and only thixotropy during short periods of time (not
72 more than 30 min as an order of magnitude) during which the irreversible evolutions of the
73 concrete can be neglected [11].

74 Thixotropy is strongly dependent on the composition of the mixture: cement characteristics,
75 chemical admixtures, supplementary cementitious materials and water to cement (w/c) ratio are
76 parameters that affect the thixotropic phenomenon. In addition, external parameters such as
77 mixing and vibration influence thixotropy [9].

78 The total amount of powders in the mixture, as the particles contained in these various powders
79 are the only particles at the origin of thixotropy in SCC [12]. It is accepted that thixotropy should
80 increase when powder content increases.

81 The weight ratio between water and powders affects the average distance between cement (or
82 other alternative powders) particles and thus their mutual interactions. Thixotropy should increase
83 when water to powder ratio decreases. It should also increase with the specific surface of the
84 powders. The fineness of powders affects the structuration rate as the amplitudes of Brownian
85 and colloidal effects increase when particle size decreases [13]. Then, a lower water to cement
86 ratio and a higher content of powder (i.e. content of fines) implies a higher degree of thixotropy.

87 Regarding coarse aggregates, their effect in thixotropy will be more related to their volume
88 concentration, i.e. the amount of granular skeleton (sand and gravel) in mixture. In fact, both the
89 sand-to-total aggregate ratio and the volumetric ratio of the paste-to-coarse aggregate were
90 found to affect thixotropy due to the increase of the degree of internal friction resulting from
91 greater coarse aggregate content. The aggregate-to-aggregate contact, that induces greater
92 degree of internal friction within the mixture, will increase the shear stresses necessary to break
93 down the material. The decrease of paste volume or increase of coarse aggregate volume can lead
94 to higher thixotropy [14].

95 Moreover, Mahaut et al. [15] considered (Eq. 1) that if the mechanical impact of the coarse
96 particles is to increase the yield stress by a factor $f(\phi)$, then their impact on the structuration rate
97 of the paste is to also increase it by a factor $f(\phi)$. It is thus sufficient to measure the cement paste
98 yield stress evolution in time (i.e. A_{thix}) and to measure the increase of the yield stress with the
99 volume fraction (i.e. $f(\phi)$) for a single resting time to infer the $A_{thix} \cdot f(\phi)$ value of the structuration
100 rate of the suspension (and more generally of fresh concrete).

$$101 \quad \tau_c(\phi, t) = \tau_c(0) \cdot f(\phi) + A_{thix} \cdot f(\phi) \cdot t$$

102 (1)

103 τ_c is the yield stress of concrete

104 ϕ is the solid volume fraction

105 t is the elapsed time

106 A_{thix} is the structuration rate of the paste

107

108 Mahaut et al. [15] concluded that it is sufficient to know how the interstitial cement paste evolves
109 in time to predict the suspension evolution at rest (suspension of coarse particles in a cement
110 paste). This is important for fresh concrete as its behaviour is hard to measure. Their results
111 showed that the knowledge of the cement paste structuration rate at rest (A_{thix}) is sufficient to
112 predict the fresh concrete structuration rate.

113 Lastly, it can be concluded that thixotropy is of particular interest to users of SCC, as it may provide
114 another link into predicting its flow behaviour [16]. The rheological behaviour of concrete is
115 related to this network structure and the rate at which it can form. Thixotropy, which is
116 manifested in the difference between static and dynamic yield stress or in the breakdown area
117 between upward and downward rheometer flow curves, contributes by increasing segregation
118 resistance and reducing formwork pressures. Too much thixotropy, however, reduces placeability
119 and can affect interlayer bond strength [5, 17].

120 In this work, self-compacting recycled concrete (SCRC) is defined as a self-compacting concrete
121 made with recycled concrete coarse aggregate. This concrete has not been suitably researched
122 yet. Most of studies focus on workability and strength characteristics [18, 19] and recent works
123 have also studied some SCRC rheological properties [20-23]. The effective water to cement ratio of
124 SCRC evolves over time according to the evolution of the recycled aggregate water absorption. It is
125 expected that the time-dependent rheological behaviour of a SCRC will be different from a
126 conventional SCC, especially when water absorption is not compensated, when high percentages
127 of recycled aggregate are used, when SCRC is designed with a lower w/c ratio and/or when long
128 term self-compacting behaviour is measured [24]. However, there is still a gap in the knowledge

129 about how recycled aggregate can influence on thixotropy of a self-compacting concrete and on
130 the possible risk of the development of cold joints between successive layers of SCRC.

131 Therefore, the first objective was to analyse the degree of thixotropy developed in SCRC mixes
132 according to the following methods: structural breakdown curves at various rotational speeds
133 (steady state approach), hysteresis loop flow curves and yield stress at rest (also referred to as
134 static yield stress and shear-growth yield stress).

135 Moreover, the structural build-up developed after a certain period of rest (due to thixotropy) can
136 affect interlayer bond strength in SCRC. Then, the second objective was to evaluate the effect of
137 the structural build-up at rest on interlayer bond strength in SCRC throughout the following two
138 methods: interlayer bond strength using flexural tests and interlayer bond strength using water
139 permeability tests.

140 2 EXPERIMENTAL PROCEDURE

141 2.1 Materials and concretes

142 Regarding materials, a Portland cement and a limestone filler were used as powder fraction. The
143 Portland cement, CEM-I 52.5-R, showed a density of 3.11 t/m³, a specific surface (BET) of 1.02
144 m²/g, an initial setting time of 190 min and a final setting time of 260 min. The physical properties
145 of the limestone filler were a density of 2.71 t/m³, loss on ignition (1000 °C) of 41.8% and a specific
146 surface (BET) of 1.77 m²/g. The chemical composition of both materials is shown in Table 1.

147 **Table 1. XRF analysis of cement and limestone filler**

Oxide/Element	% mass (Cement)	% mass (Limestone filler)
CaO	64.1	54.7
SiO ₂	15.9	1.6
SO ₃	4.3	0.18
Al ₂ O ₃	4.1	0.46
Fe ₂ O ₃	4.0	0.22
K ₂ O	1.3	0.12

Oxide/Element	% mass (Cement)	% mass (Limestone filler)
MgO	1.1	0.47
SrO	0.78	0.046
Na ₂ O	0.27	-
TiO ₂	0.25	-
ZnO	0.12	0.009
Cl	0.059	-
P ₂ O ₅	0.050	-
MnO	0.047	-
CuO	0.040	0.010
ZrO ₂	0.036	0.003
PbO	0.022	-

148

149 A modified polycarboxylate was used as superplasticiser. A limestone sand was used as natural
 150 fine aggregate (NFA) and two types of coarse aggregates, natural (NCA) and recycled (RCA), were
 151 used. The recycled aggregate was obtained from real demolition debris of structural concrete. It
 152 was made up mainly of concrete and stone. Table 2 shows the basic properties of all aggregates.

153

Table 2. Basic properties of aggregates

Property	NFA	NCA	RCA
Fineness modulus (EN 933-1)	4.19	7.14	6.47
Fines percentage (EN 933-1) (%)	8.40	0.84	3.00
Saturated-surface-dry density (EN 1097-6) (kg/m ³)	2720	2560	2340
Water absorption (EN 1097-6) (%)	1.00	1.12	6.96
Flakiness index (EN 933-3) (%)	-	5.41	5.33
Shape	Crushed	Crushed	Crushed

154

155 Four concretes were studied, a reference concrete and three recycled concretes (Table 3). The
 156 replacement percentages of natural by recycled coarse aggregate were 20%, 50% and 100% (by
 157 volume).

158

Table 3. Mix proportions of concretes (1 m³)

Dosage	% RCA			
	0%	20%	50%	100%
Cement, c (kg)	400.00	400.00	400.00	400.00
Filler, f (kg)	180.00	180.00	180.00	180.00
Water, w (kg)	196.00	196.00	196.00	196.00
NFA (kg)	832.76	832.76	832.76	832.76
NCA (kg)	768.00	614.40	384.00	0.00
RCA (kg)	0.00	140.40	351.00	702.00
w/c	0.49	0.49	0.49	0.49
Superplasticiser/(c+f) (%)	0.63	0.63	0.63	0.63

Dosage	% RCA			
	0%	20%	50%	100%
w/(c+f)	0.34	0.34	0.34	0.34

159

160 Aggregates were used in dry-state conditions and an extra quantity of water was added during
 161 mixing. The amount of added water was chosen in order to compensate the 80% of recycled
 162 aggregate total absorption, which corresponds to the 10 min water absorption. This result has
 163 been presented in a previous paper where a continuous measurement of the recycled aggregate
 164 water absorption over time is shown [25].

165 Firstly, the mixing sequence consisted of mixing the aggregates (sand and coarse aggregates) with
 166 the extra water (that calculated to compensate the recycled aggregate absorption) for 2 min and
 167 then they were left to rest for another 8 min. The cement was added along with the filler after the
 168 first 10 min. After 2.5 min of mixing, water was added (98.5%). This cement-water contact is
 169 considered the reference time for performing all fresh concrete tests. After 2 min of mixing, the
 170 superplasticiser and the remaining water were introduced. The mixing was continued for another
 171 3 min, the concrete was left to rest for 2 min and finally mixed again for an additional time of 2
 172 minutes. Then the concrete was poured into the rheometer and into different buckets. It was left
 173 there to rest until its testing age.

174 2.2 Test methods

175 2.2.1 Methods to assess thixotropy

176 In order to assess thixotropy, a rotational rheometer where a four-bladed vane rotates with axial
 177 symmetry at a variable speed was used. The following three different methods were carried out
 178 (Figure 1):

- 179 • Structural breakdown curves at various rotational speeds (steady state approach).

180 • Hysteresis loop flow curves.

181 • Yield stress at rest (also referred to as static yield stress and shear-growth yield stress).

182 In the first method, structural breakdown curves, the concrete was subjected to different constant
183 rotational speeds of 0.3, 0.5, 0.7 and 0.9 rps. The rest period established between each of the four
184 structural breakdown tests was 5 min. During this period the concrete was not subjected to any
185 shearing action. It should be noted that just after each test the concrete in the rheometer bowl
186 was rehomogenized and then left to rest.

187 In the second method, hysteresis loop flow curves, shear stress was plotted as a function of shear
188 rate, and the up (loading) and down (unloading) curves were obtained. The material was sheared
189 with a continuously increasing shear rate and continuously down again to zero shear rate. The
190 rotational speed was applied for 60 s from zero to 0.5 rps and then from 0.5 rps to zero. This
191 rheological test was carried out at 15, 30, 45 and 75 min since the cement-water contact (that
192 corresponds to 5, 15, 15 and 30 min resting time). Two measurements at 15 min were developed
193 to better verify the results.

194 The protocol adopted for the determination of yield stress at rest consisted of applying a minute
195 and constant rotational speed to a vane immersed in the fresh material and recording the
196 obtained torque as a function of time. The speed was set at 0.03 rps. This was chosen so that the
197 maximum torque is not affected by the rotational speed of the vane. The 60 s time was enough to
198 measure the maximum torque and to reach the steady state region. This protocol was carried out
199 at 15, 30, 45 and 75 min since the cement-water contact (again 5, 15, 15 and 30 min resting time).
200 Before conducting the first test, the SCRC was placed in the bowl of the rheometer and allowed to
201 rest for 5 min. After each test, the vane was removed, concrete remixed with a shovel and left to
202 rest until the next testing time.

203 **2.2.2 Methods to assess the influence of thixotropy on interlayer bond strength**

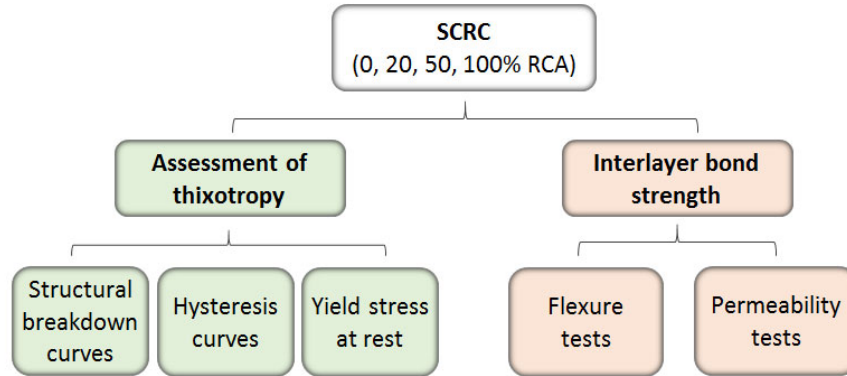
204 In this research, two methods were used to assess the influence of thixotropy on interlayer bond
205 strength of SCRC (Figure 1): 1) interlayer bond strength using flexure tests; 2) interlayer bond
206 strength using water permeability tests.

207 In the first method, small beams with dimensions of 100 mm in width and height and 600 mm in
208 length were cast. Small notches were formed during casting at mid-length point to ensure that the
209 failure takes place at mid-span. For each type of concrete, two reference beams were cast in one
210 layer, and seven beams were cast in two layers considering the interface between layers at mid-
211 span. The delay time between casting the first and the second layer was 0, 15, 30 and 60 min (15,
212 30, 45 and 75 min since the cement-water contact, respectively). Each prismatic specimen was
213 subjected to a three-point bending test. The maximum flexural strength of the specimen was
214 determined.

215 In the second method, prismatic specimens with dimensions of 100 mm in width and height and
216 200 mm in length were cast. Small notches were formed during casting at mid-length point. In this
217 case, for each type of concrete, two reference specimens were cast in one layer, and four
218 specimens were cast in two layers. The delay time between casting the first and the second layer
219 was 0, 15 and 60 min. Two specimens were considered for each delay time. The permeability test
220 was carried out according to European Standard EN 12390-8 at an age of 28 days through the
221 interlayer. Finally, each specimen was subjected to a three-point bending test considering the
222 vertical interface between layers at mid-span. Once it was divided into two parts, the water
223 penetration depth was defined.

224 Three batches for each concrete were made. In the first one, the four structural breakdown tests
225 were carried out. In the second batch, the hysteresis loop test was conducted and the specimens
226 [to evaluate interlayer bond strength](#) under flexure tests were made. In the third batch, the

227 protocol adopted for the determination of yield stress at rest was executed and the specimens to
228 develop water permeability tests were fabricated.



229
230

Figure 1. Testing program

231 3 ASSESSMENT OF SCRC THIXOTROPY

232 3.1 Structural breakdown curves

233 The evaluation of thixotropy with the structural breakdown curves can be made analysing two
234 indices. The first is the difference between the peak shear stress (τ_i) and the shear stress at
235 equilibrium (τ_e), for any given rotational speed. The peak shear stress corresponds to the initial
236 structural condition. The shear stress at equilibrium, which is the average of the five smallest
237 measurements over the 25 s duration at each rotational speed, corresponds to an equilibrium
238 condition that is independent of the shear history, for that speed. The difference provides a
239 measurement of the amplitude of the structural modifications inside the tested concrete.

240 Secondly, peak and equilibrium shear stresses obtained at each speed can be used to draw a
241 graphic “shear stress (τ) versus speed (N)” with an “initial flow curve ($\tau_i(N)$)” and an “equilibrium
242 flow curve ($\tau_e(N)$)”. The enclosed area between the initial flow curve ($\tau_i(N)$) and the equilibrium
243 flow curve ($\tau_e(N)$) quantifies the thixotropic phenomenon. This area, known as the "breakdown

244 area (A_b)" (Eq. 2), provides a measurement of the energy required per unit time and unit volume
 245 to break the structural build-up developed.

246 Breakdown area (A_b) = $\int_{0.3}^{0.9} (\tau_i(N) - \tau_e(N)) dN$
 247 (2)

248 A greater difference between initially shear stress and shear stress at equilibrium ($\tau_i - \tau_e$) implies a
 249 higher degree of thixotropy. A greater "breakdown area (A_b)" implies a higher energy necessary to
 250 break the initial linkages and internal friction to pass from the initial state into a state of
 251 equilibrium.

252 Figure 2, Figure 3, Figure 4 and Figure 5 show the structural breakdown curves for each SCRC mix.
 253 From these figures, it can be deduced that the shearing action induces a considerable amount of
 254 breakdown in SCRC mixes in just a few seconds, as it occurs in conventional SCC [9]. This
 255 breakdown increases with rotational speed.

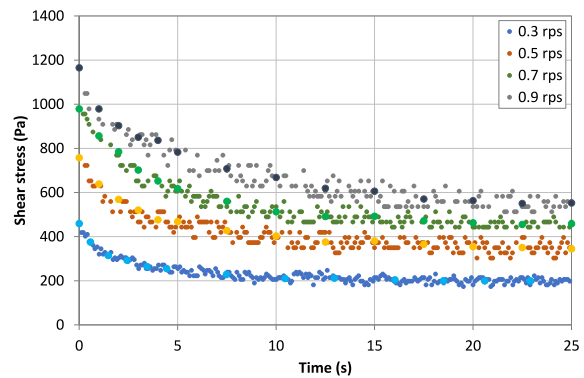
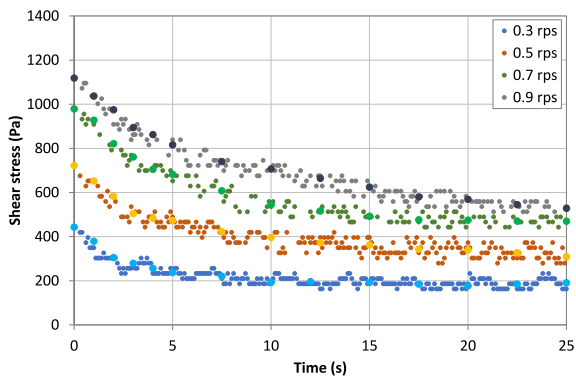


Figure 2. Structural breakdown curves for SCRC0 mix **Figure 3. Structural breakdown curves for SCRC20 mix**

256 A similar behaviour can be observed between the reference SCC and the 20% replacement
 257 concrete (Figure 2 and Figure 3), i.e. their structural breakdown curves are similar. In the case of
 258 50% of recycled aggregate, a slight increase in the values of shear stress can be seen (Figure 4).
 259 The 100% replacement concrete shows this increasing tendency more clearly (Figure 5).

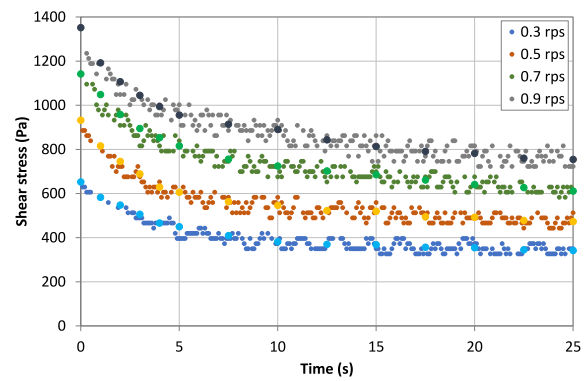
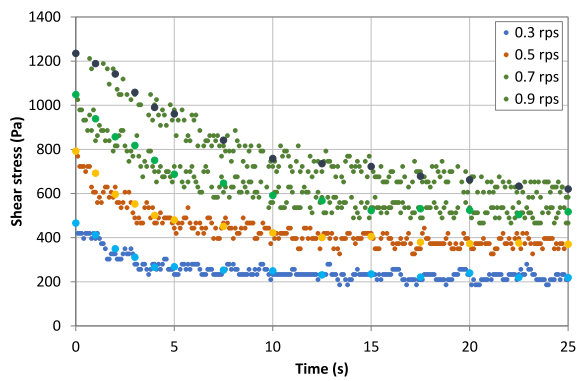
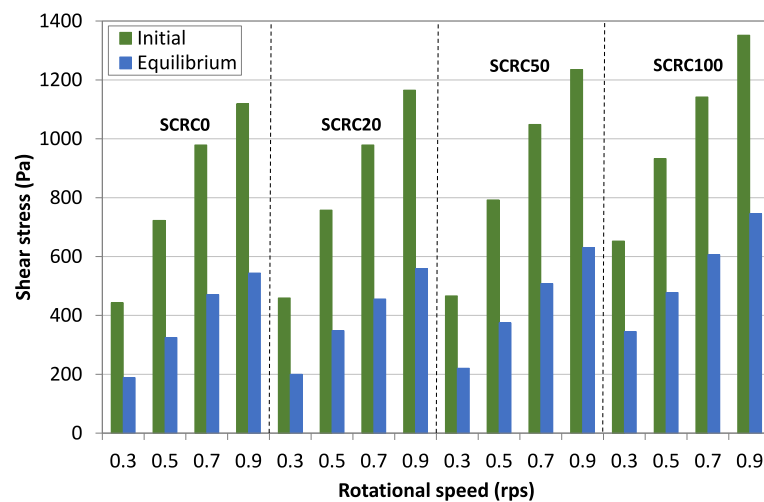


Figure 4. Structural breakdown curves for SCRC50 mix Figure 5. Structural breakdown curves for SCRC100 mix

260 In Figure 6, the variations of τ_i and τ_e with the increase in rotational speed are plotted for the four
 261 SCRC mixes. It can be noted that the incorporation of high replacement percentages contributes to
 262 increase the τ_i and τ_e values. Moreover, the difference between the τ_i and τ_e values, that offers a
 263 measurement of the degree of thixotropy, shows a slight increase with the percentage of recycled
 264 coarse aggregate at any rotational speed.



265

266 Figure 6. τ_i and τ_e at each rotational speed for each SCRC. Structural breakdown curves

267 The τ_i vs. N and τ_e vs. N plots for each SCRC mix are reported in Figure 7, Figure 8, Figure 9 and
 268 Figure 10. These figures show the A_b value considered between the initial flow curve (τ_i vs. N) and
 269 the equilibrium flow curve (τ_e vs. N) for each concrete.

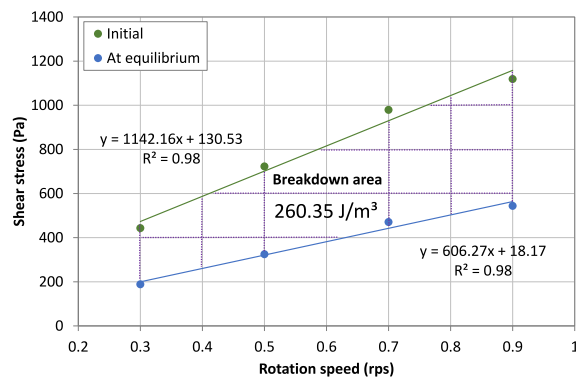


Figure 7. Breakdown area of SCRC0 mix

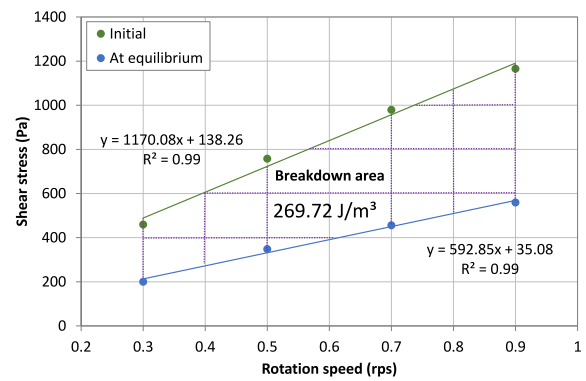


Figure 8. Breakdown area of SCRC20 mix

270 Regarding the “breakdown area”, the A_b values show a slight increase with the increase in the
 271 percentage of recycled coarse aggregate. Such increase was of 3.60% for the 20% replacement
 272 concrete regarding the reference mix value. In the same way, it was 4.25% and 9.73% for mixes
 273 made with % RCA values of 50 and 100% respectively.

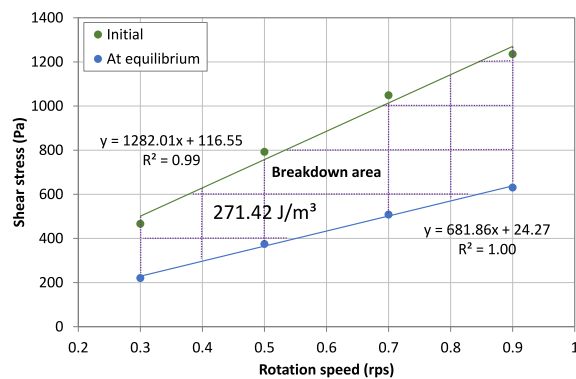


Figure 9. Breakdown area of SCRC50 mix

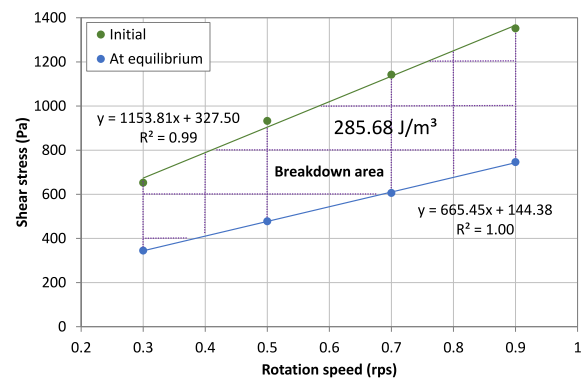


Figure 10. Breakdown area of SCRC100 mix

274 Therefore, compared to the reference mix (SCRC0), the results indicate that concrete made with
 275 recycled aggregates resulted in slightly higher thixotropic measurements, as indicated by the
 276 increase in $(\tau_i - \tau_e)$ and A_b (Figure 11).

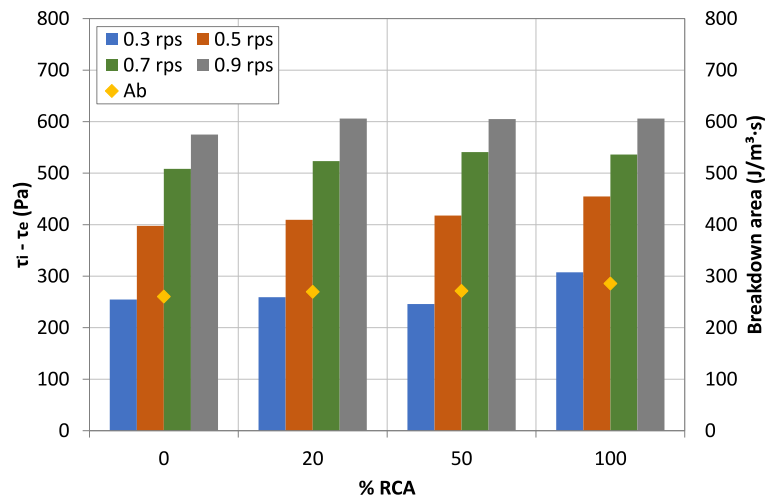


Figure 11. “ $(\tau_i - \tau_e)$ vs. % RCA” and “Breakdown area vs. % RCA”

277
278

279 3.2 Hysteresis curves

280 For a given resting period, the enclosed area between the up-curve of each hysteresis loop and the
 281 corresponding equilibrium line was used to evaluate the rebuilding that occurred in the mix. This
 282 area (A_h) has the physical dimension of energy per unit time and unit volume. A greater hysteresis
 283 loop area implies a higher degree of thixotropy.

284 It is explained that hysteresis loops normally measure transient flow properties somewhere
 285 between the peak and equilibrium stresses for a given shear rate [9]. Conversely, the previous
 286 structural breakdown approach enables measuring the entire shear stress range as a function of
 287 time for any given shear rate.

288 Hysteresis loops are said to have a number of bad points. Firstly, a loop test is often carried out
 289 too quickly. Secondly, a test where both shear rate and time are changed simultaneously on a
 290 material where the response is itself a function of both shear rate and time is a bad
 291 experimentation [9, 26]. However, the use of the hysteresis loop test can be useful to evaluate the
 292 structural build-up of cement-based materials as long as it is carefully run and interpreted [3].

293 Figure 12 shows the results of “hysteresis area (A_h)” for each SCRC mix at each resting time. The A_h
 294 values are shown to be quite similar, with a slight increasing tendency when the percentage of
 295 recycled coarse aggregate increases (Figure 12). Such increase was of 22.44%, 19.12% and 40.95%
 296 at 5 min resting time for mixes made with RCA replacement percentages of 20, 50 and 100%
 297 respectively regarding the reference concrete value. The same increase was of 2.73%, 11.07% and
 298 15.63% at 15 min and 2.78%, 3.16% and 8.28% at 30 min respectively.

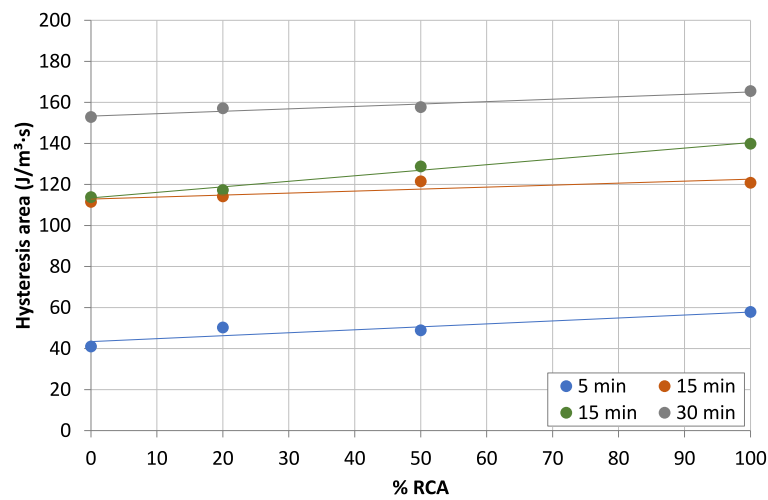


Figure 12. Hysteresis area vs. % RCA

299 Finally, Figure 13 shows the change in thixotropy (measured with the hysteresis areas) with the
 300 elapsed time. It can be seen that all concretes show a similar trend.

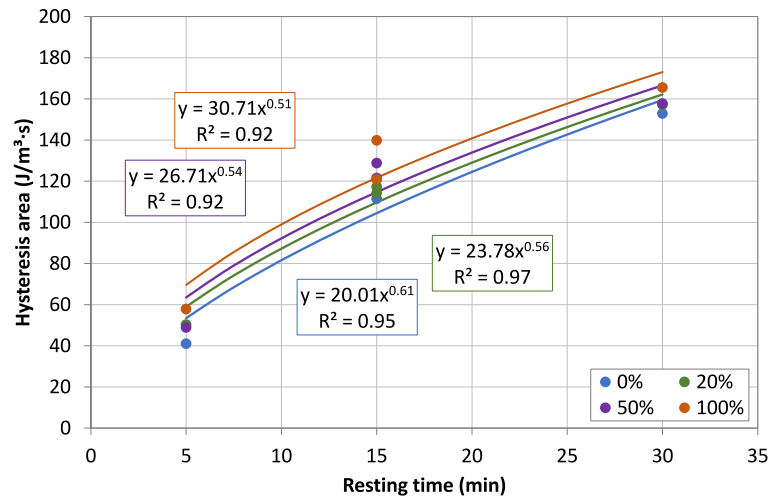


Figure 13. Hysteresis area vs. Resting time

301 3.3 Yield stress at rest

302 Figure 14, Figure 15, Figure 16 and Figure 17 show the shear stress-time profiles for each SCRC
 303 mix. The evaluation of thixotropy with this test can be made analysing two parameters. The first
 304 one is the value of yield stress at rest (τ_0). The yield stress at rest is an index of thixotropy since
 305 when reached, the majority of the bonds are broken allowing the flow of the material. The second
 306 one is, again, the difference between the peak shear stress (in this test, τ_0) and the shear stress at
 307 equilibrium (τ_e). As aforementioned, this provides a measurement of the amplitude of the
 308 structural modifications inside the tested concrete. A greater difference between both values
 309 implies a higher degree of thixotropy.

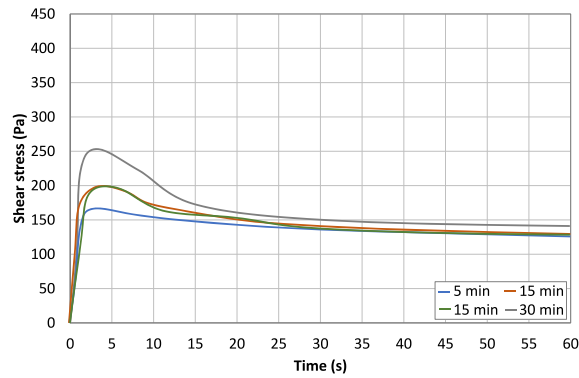


Figure 14. Shear stress-time for SCRC0 mix

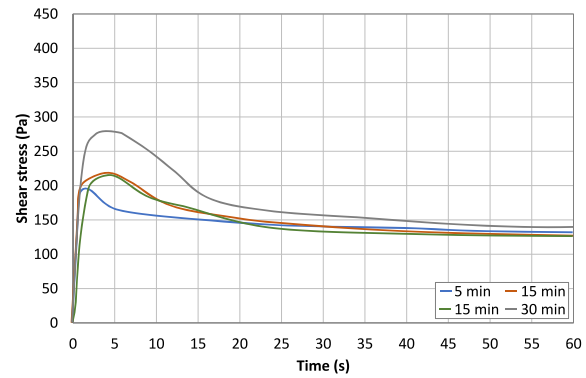


Figure 15. Shear stress-time for SCRC20 mix

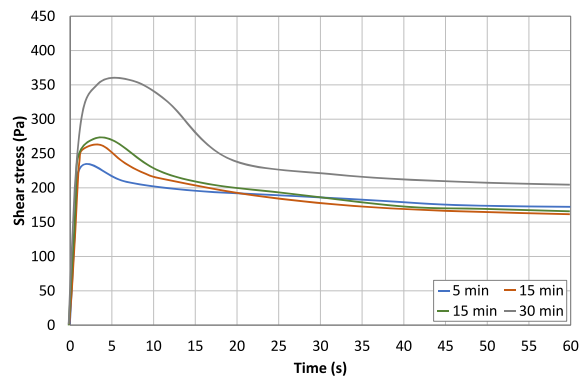


Figure 16. Shear stress-time for SCRC50 mix

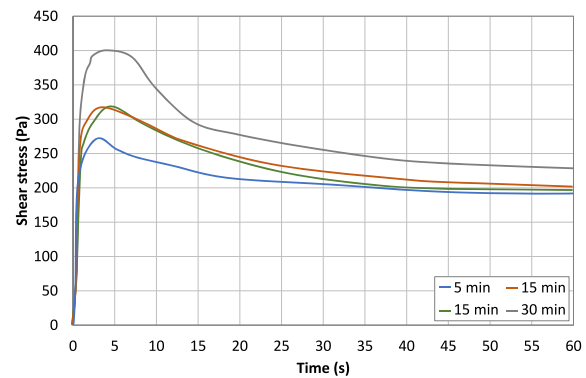
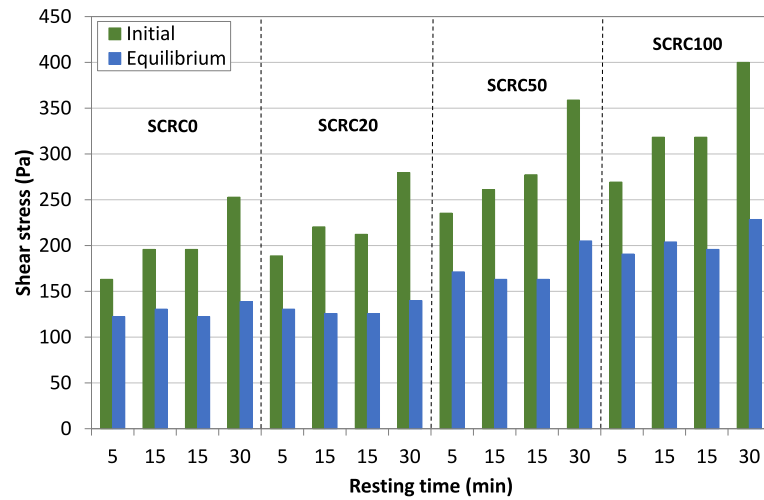


Figure 17. Shear stress-time for SCRC100 mix

310 Figure 18 summarizes the yield stress at rest (τ_0) and shear stress at equilibrium (τ_e) values for the
 311 SCRC mixes. The longer the concrete is maintained at rest, the more the thixotropic structural
 312 build-up becomes significant requiring higher initial yield stress to breakdown the structure. The
 313 histogram plotted in Figure 18 clearly shows this tendency. Due to the fact that the speed is kept
 314 at 0.03 rps, the equilibrium shear stress is similar for each concrete at any time.

315 When the replacement percentage moves from 0% to 100%, the τ_0 value increases about a
 316 15.71%, 44.29% and 65.09% at 5 min resting time for mixes made with RCA replacement
 317 percentages of 20, 50 and 100% respectively regarding the reference concrete value. The same
 318 increase was of 10.48%, 37.50% and 62.60% at 15 min and 10.60%, 41.94% and 58.16% at 30 min
 319 respectively.



320

321

Figure 18. τ_i and τ_e at each resting time for each SCRC. Yield stress at rest

322

Figure 19 shows the $(\tau_0 - \tau_e)$ parameter. In parallel with τ_0 , this parameter increases about a

323

42.86%, 57.14% and 92.91% at 5 min resting time for mixes made with RCA replacement

324

percentages of 20, 50 and 100% respectively regarding the reference concrete value. The same

325

increase was of 31.22%, 52.78% and 71.12% at 15 min and 22.45%, 34.69% and 50.20% at 30 min

326

respectively.

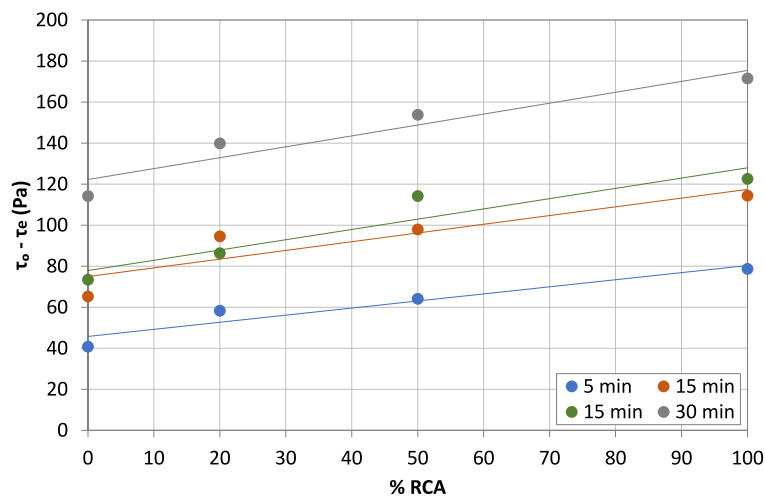


Figure 19. $\tau_0 - \tau_e$ vs. % RCA

327

As in the previous sub-sections, compared to the reference mix (SCRC0), the results indicate that

328

concrete made with recycled aggregates resulted in slightly higher thixotropic parameters.

329 Finally, again, Figure 20 shows the change in thixotropy (measured with yield stress at rest test)
 330 with the elapsed time. It can be seen that, in agreement with the results obtained with the
 331 hysteresis curves test, all concretes show a similar trend.

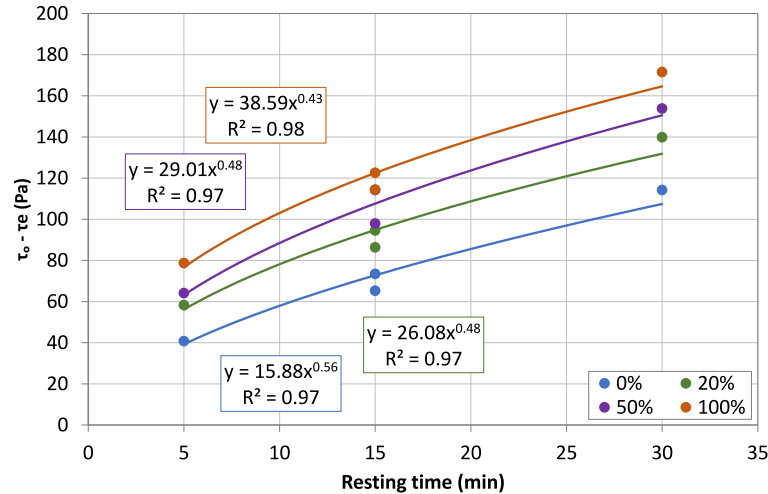


Figure 20. $\tau_0 - \tau_e$ vs. Resting time

332 As thixotropy depends on the paste composition, and the paste composition of all concretes is
 333 similar, small differences in all SCRC mixes are found when analysing any of the indices used to
 334 measure this property. Only a slight increase with the replacement percentage can be observed.
 335 This increase is due to the difference in the effective w/c ratio of the self-compacting recycled
 336 concretes, as a result of the non-compensated water absorption. Moreover, the incorporation of
 337 recycled coarse aggregate introduces a higher amount of fines from the crushing of the adhered
 338 mortar. These fines can present hydraulic activity and then contribute to change the paste
 339 composition, decreasing, also, the effective w/c ratio of SCRC. Finally, as other authors have stated
 340 [27], also the higher internal friction of recycled aggregates (due to their higher intrinsic viscosity)
 341 is affecting SCRC thixotropy. All these effects are, obviously, more significant in concretes with
 342 high replacement percentages.

343 In addition, the behaviour over time of the SCRC depends on the quantity of water compensated
 344 in the mixing protocol. This controls SCRC fresh behaviour over time and therefore, the thixotropic

345 changing rate. In this work, due to the designed effective w/c ratio (0.49), changes in this ratio
346 over time are negligible. Thus, its time-dependent evolution until the testing times does not imply
347 significant changes in the SCRC paste composition compared to that of SCC. Therefore, the
348 thixotropic changing rate is similar in all studied mixes.

349 In conclusion, thixotropy of the studied SCRCs is slightly higher when high replacement
350 percentages are used, showing all concretes a similar thixotropic changing rate. Therefore, it is
351 expected that SCRCs hardly show differences in their interlayer bond strength when compared
352 with the baseline SCC.

353 **4 INTERLAYER BOND STRENGTH OF SCRC**

354 This section is focused on the second objective: the evaluation of the interlayer bond strength of
355 SCRC and the assessment of the influence of thixotropy on this property.

356 During placing, a layer of a self-compacting concrete has a short time to rest and flocculate before
357 a second layer of concrete is cast on it. If it flocculates too much and its apparent yield stress
358 increases above a critical value, then the two layers may not intermix properly and, as vibrating is
359 not allowed in the case of SCC, this creates a weak interface in the final structure [11].

360 A highly thixotropic SCC mix (high level of structural build-up at rest) can show a low interlayer
361 bond strength depending on the delay time between layers. The resulting bond associated with
362 multi-layer casting can decrease with the increase in waiting period between successive castings,
363 which will result in an increase in static yield stress (and viscosity) of the concrete cast in the lower
364 lift [28].

365 Then, a low interlayer bond strength is related to a high thixotropy. This means that if the
366 thixotropy of a mix is high enough, then its interlayer bond strength will be lower than if the mix is
367 less thixotropic.

368 Figure 21 shows the results obtained on these flexure tests. The residual flexural strength with
 369 delay time is also plotted in Figure 22. This residual flexural strength between two layers at a
 370 certain delay time was calculated by dividing flexural strength of specimen of the same delay time,
 371 $f_{cf(\text{delay time})}$, by flexural strength of reference specimen, $f_{cf(\text{zero time})}$.
 372 Khayat et al. [28] found that the residual flexural strength for a delay time of 15 min of SCC with
 373 low thixotropy can be very high (around 95%). However, for a delay time of 60 min, the residual
 374 flexural strength of SCC with a high thixotropy degree can decrease considerably (around 50%).
 375 Keeping this statement in mind, the studied concretes show a low thixotropy level.

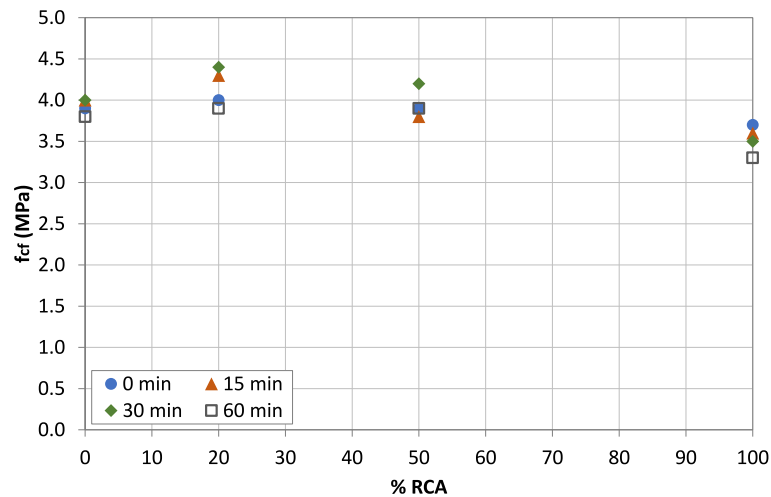


Figure 21. Flexural strength at each delay time vs. % RCA

376 Moreover, the residual flexural strength is similar in all concretes at any time, although it can be
 377 noted that for the total replacement percentage, the decrease in flexural strength is a little more
 378 noticeable. This is due to the thixotropy that is slightly higher when high replacement percentages
 379 are used.

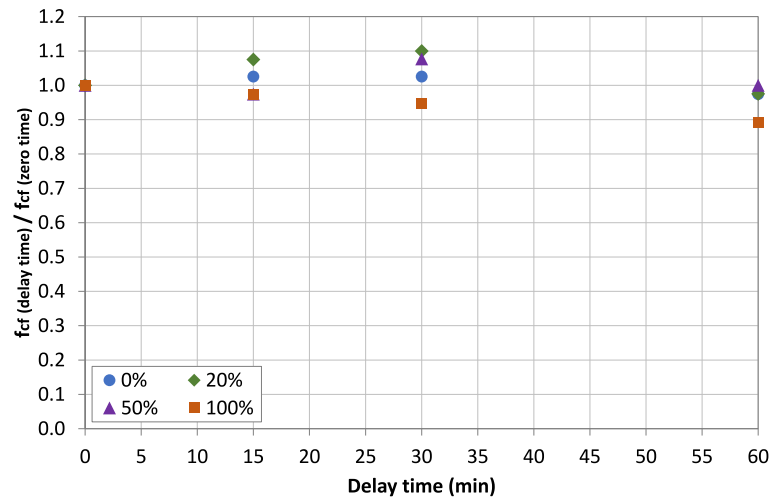
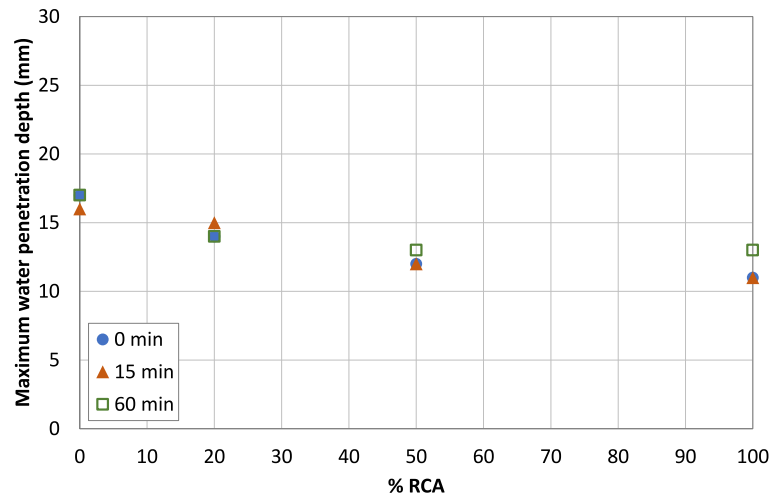


Figure 22. Residual flexural strength for each % RCA vs. Delay time

380 Regarding water permeability tests, Figure 23 shows the results obtained regarding the water
 381 penetration depth for each SCRC mix and taking into account the aforementioned delay times
 382 between successive layers.

383 Water permeability increases with w/c ratio and with the percentage of recycled aggregate [29].
 384 However, some studies showed that when the w/c ratio is low (around 0.45), the water
 385 penetration depth of recycled and conventional concretes is similar [30]. Moreover, properly
 386 designed and cast, SCC can lead to a more homogeneous microstructure and denser interfacial
 387 zone with coarse aggregate particles, leading to low water penetration depths. In this work, the
 388 water penetration depth of all concretes is very low (Figure 23).



389

390

Figure 23. Water penetration depth at each delay time vs. % RCA

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In addition, the variation of water penetration depth (penetration at a delay time / penetration at

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zero delay time) is shown in Figure 24. This variation is an index of the concrete thixotropy. A high

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thixotropic concrete shows a greater variation than a lower one. In this work, due to the low

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values of water penetration depth, it is difficult to discuss the differences of behaviour with the

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delay time between layers and with the replacement percentage. Only when the delay time is 60

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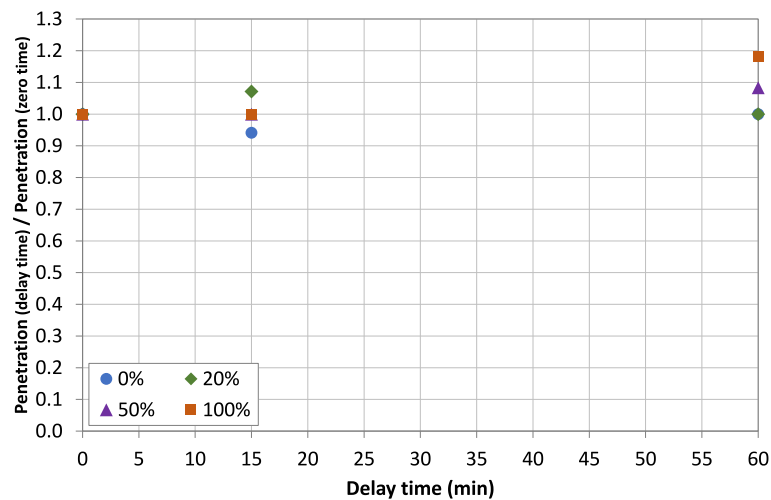
min, it can be noted that for the total replacement percentage the increase in the variation of

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water penetration depth is slightly more noticeable (Figure 24), which can be attributed, again, to

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the slightly higher thixotropy of SCRC100.



399

400

Figure 24. Variation of water penetration depth for each % RCA vs. Delay time

401 5 CONCLUSIONS

402 The degree of thixotropy and its influence on the interlayer bond strength of self-compacting
403 recycled concrete (SCRC) were evaluated using several testing methods and protocols. From the
404 data presented in this chapter, the following conclusions can be drawn:

- 405 • Similar findings about the degree of thixotropy of each SCRC can be obtained with the three
406 testing methods used, that is, they led to the same qualitative conclusions. It was also
407 observed that the measurement of thixotropy throughout the structural breakdown curves
408 and the yield stress at rest provide the most sensitive thixotropic parameters.
- 409 • As thixotropy depends on the paste composition, and the paste composition of all concretes is
410 similar, small differences in all SCRC mixes are found when analysing any of the thixotropic
411 indices. Only a slight increase with the replacement percentage can be observed. [This increase](#)
412 [is due to three issues: the higher amount of fines incorporated by recycled aggregate and](#)
413 [those generated during mixing \(from the wear of old adhered mortar\), the lower effective w/c](#)
414 [\(because the 80% water absorption was compensated, not the 100%\) and the higher internal](#)
415 [friction of recycled aggregates \(due to their higher intrinsic viscosity\). All these issues lead](#)
416 [SCRC to show a different paste composition from that of conventional SCC. This justifies the](#)
417 [slight increase detected in the thixotropy of SCRC vs. SCC.](#) These effects are, obviously, more
418 significant in concretes with high replacement percentages.
- 419 • Moreover, [as 80% of](#) the recycled aggregate water absorption had been compensated in the
420 mixing protocol, changes over time in the effective w/c ratio are negligible. Thus, its time-
421 dependent evolution until the elapsed time in this work does not imply significant changes in
422 the SCRC paste composition compared to that of SCC. Therefore, the thixotropic changing rate
423 is similar in all studied mixes.

424 • Results obtained measuring the residual flexural strength and the variation in water
425 penetration depth indicate that SCRCs hardly show differences in their interlayer bond
426 strength when compared with the baseline SCC for the considered delay times. Only when the
427 delay time is 60 min, it has been observed that for the total replacement percentage [the](#)
428 [decrease in the flexural strength is slightly more noticeable](#). This is due to the fact that the
429 thixotropy of the studied SCRCs is slightly higher when high replacement percentages are
430 used.

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435 the field of the civil engineering and building eco-construction (CENICIENTA)”); (c) “Design of Eco-
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