

## Supplementary file 1: Delta scores of the hands and knees

**Table 1.** Distribution of radiographic hand and knee OA changes on patient level (221 patients), two years minus baseline (OARSI scoring procedure)

Delta score	-1	0	1	2	3	4	>4	Progression, n (%)
<b>Hands</b>								
OP sum score (range: 0-58)	0	98	58	<b>37</b>	<b>16</b>	<b>6</b>	<b>7</b>	<b>66 (30%)</b>
JSN sum score (range: 0-58)	0	126	56	<b>23</b>	<b>8</b>	<b>6</b>	<b>4</b>	<b>41 (18%)</b>
KL sum score (range: 0-120)	0	111	49	<b>32</b>	<b>13</b>	<b>5</b>	<b>6</b>	<b>56 (25%)</b>
<b>Knees</b>								
OP sum score (range: 0-24)	0	76	57	<b>40</b>	<b>29</b>	<b>4</b>	<b>7</b>	<b>80 (36%)</b>
JSN sum score (range: 0-12)	0	199	65	<b>24</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>31 (14%)</b>
KL sum score (range: 0-8)	1	161	<b>39</b>	<b>14</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>53 (24%)</b>

Differences larger than the minimal detectable change are bold. Abbreviations: OA = osteoarthritis, OARSI = OsteoArthritis Research Society International, OP = Osteophyte, JSN = joint space narrowing, KL = Kellgren and Lawrence.