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### SYMPHONY #6

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(Hay, is the archetype of universal life)

(Yod. existence which both betrays and satisfies life, continuity in the that which duration destroys, the finite which never rejoins the infinite. It is the in time of Aleph, the timeless, the immeasurable.)



(Sheen, prodigious cosmic motion, movement of every-thing symbolizing cosmic breath)



To be truly human is to recognize your creation and thus, the ultimate responsibility to pay back this gift for your entire duration.

I find myself more and more bemused, watching people around me budded and gaming, as we travel together. Assuming we leave our private world, our homes, and then journey through the outside world, I can't imagine why anyone would want to deny him/herself from this stimulus.

Why would anyone consciously choose to be unconscious of what is hurling itself around us that could potentially give us alternative thoughts to expand upon when we return to our privacy.

The rational for this ever-growing self-automatism escapes me! I don't think there is a totalitarian regime in recorded history as successful in divesting ourselves from, not only our intellectual property, but also our ability to think, as our self-volunteerism demonstrates through the so-called convenience of digital technology!

I get on a train and all around me are comatose individuals escaping. I am always ready to receive stimulus...the sudden noise, rhythm, i.e., the train wheels or squeaks, the patter of someone's conversation, or manner of laughing, the strange way someone has just sneezed, the manner in which others express themselves, all gives me motivic material to ruminate in my mind, which more times than less, inspire another creative documentation from me. There is a reason why I am prolific. I am constantly conscious and have thus, developed ever-refining skills to express and interpolate the world around me.

Rhythm is constantly showing itself, whether in strict time, or random, singularly expressed or in counterpoint. Harmony demonstrates itself through the tandem juxtaposed sounds that are continually released around us. Their various colors will ultimately prove the orchestration of life. Form, obviously, is how we choose to construct the body of this stimulation, and humor is necessary so to not take ourselves too seriously!

As far as an evaluation of my own compositional style, I am about melody and harmony, which is like breathing air, rhythm, which comes from my primordial roots, orchestration which <u>IS</u> composition, form, which keeps my sanity, clarity and economy of language, passion and humor, and patience not to rush an idea into anything but its rightful fruition. We can so easily talk about what's wrong, some more erudite than others. But, what have we accomplished other than adding more weight to the negative consciousness?

There is too little time to waste fixating on the negative.

I don't want to know about what's wrong, anymore. Life is too short. With the time that is left, I only want to know about solutions!

To restore the balance of life requires this mantra. Too many negative forces have been set into motion, geometrically progressing towards expunging life on this planet, as we know it.

For instance:

Not only is this world overpopulated and hurling itself towards not being able to feed itself, but demographically, twenty-five percent of its rapidly ever-expanding population,

is fourteen years or younger, most likely in abject poverty and without any education, which means ISIS is a step up.

And, studies reveal the alarming larger percentage of volunteers, who are continuing to join the ranks of these nihilists, are not religious. Social pathologically, this means these are Armageddon-wishers who have chosen not to be responsible or accountable for their actions. AND, women are not in this equation, other than to be fodder for rape.

The only long-term way to stem the darkness of this negative tide is through education and a consolidation of like-minded consciousness, continually demonstrating and documenting beauty and the pursuit of light.

There is not, and will continue to be ever less, financial ability to eradicate this evil devolving anarchistic force militaristically long term. Yes, in the short term we must route out the overt bullying of innocence. But, long term, we must consciously visualize and physically set into motion the highest evolved states of consciousness and practice. We must continually demonstrate to the youngest generation, who are our future, all that is positively possible morally and physically as an evolved alternative to nihilism and its inevitable devolution into extinction.

So, I resolve to only find solutions, while documenting the beauty I see, as well as commit to search for and actively visualize, as a synergistic continuum, the tools so to perpetuate regeneration, for this moment is sacred for the next seven generations! With this in mind, I submit the libretto from my choral symphony:

11/16/07-9/8/08 SYMPHONY #6

# THE GIFT

This work was written as a gift to the human race, a reminder of what is possible, if we simply choose to embrace the potential of our civility and spirituality. to all who consider themselves humanists devoted to doing what is right.

SYMPHONY #6-1<sup>st</sup> movement Deuteronomy **Devarim** דְּבָרִים ("words")

# Love, Innocence and the Law

Disturbed by what I have witnessed during my lifetime: constant wars, murder, the evolving practice of stealing, up to and including the corporate level, the horrid abuse of women and children, defacing the planet, and the growing celebration of self-degradation, I was motivated to write a liturgical work. For the text of the first movement, I specifically paraphrased scripture from Deuteronomy, the Shabbat prayer book, as well as the teachings of love--simply reporting, without editorial comment.

This devolving condition of the human species has plagued man since time immemorial. Sages throughout the ages have contributed alternative solutions in order to lead a "better life," proclaiming it as, "The Word Of God." With all the teachings, either passed down through oral or written history, I concluded the most specific and succinct embodiment towards achieving complete "civility" is found within the TEN COMMANDMENTS, that Moses said God had given to him.

Addressing the newly freed slaves from Egypt as children, Moses infers the innocence of those who are about to receive the law.

God is a judge to Israel, punishing them in the wilderness for forty years, and destroying utterly the generation who disobeyed these commandments. In light of God's justice, Moses urges obedience to divine ordinances, and warns against the danger of forsaking the God of their ancestors. Deuteronomy consists chiefly of three discourses said to have been delivered by Moses a short time before his death, given to the Israelites, in the plains of Moab, in the penultimate month of the final year of their wanderings through the wilderness.

Anticipating my huge assignment, I sat down and began writing out some melodic ideas and text in my sketchbook. That was 5/16/99. Interestingly enough, it turned out to be in Nuzerov, The Czech Republic, on our family farm, which proves to continually be such an on going place of inspiration. Returning to New York, I somewhat immediately became distracted by domestic life and fatherhood, and found myself with no time to continue working. It wouldn't be until 8/19/07, that I would finally find myself alone, long enough to compositionally meditate. Drawing from some additional orchestration ideas I had dabbled with over the period from 4/29/92 to 2/26/98, I finally saw my vision and wrote out the first movement, with complete text, in thirteen days, finishing 9/1/07.

#### CHILDREN

LISTEN TO MY WORDS MY NAME IS PEACE AND I'M GLAD TO SEE YOU FREE CHILDREN INNOCENCE BECOMES YOU SUCH A WORLD OF WONDER IN YOUR EYES

CHILDREN I WILL GIVE YOU KNOWLEDGE THE WISDOM AND THE POWER TO SEEK THE LIGHT MY NAME IS LOVE I SHALL CARESS YOU LIKE THE MORNING DEW UPON THE GRASS SO GREEN SO SWEET SO LUSH

THE SKY IS SO BLUE THE AIR SWEET WITH BIRD SONG THE EARTH RICH WITH FRUIT FOR ALL WHO SHARE THE WORD OF LOVE

LAY DOWN WITH ME SECURE IN THIS PROTECTING LOVE WHICH WILL SHELTER YOU BENEATH ITS WINGS AND KEEP YOU SAFE THROUGHOUT THE NIGHT

WAITING YOUR EMBRACE WANTING YOUR EMBRACE NEEDING YOUR EMBRACE

THE SKY IS SO BLUE THE AIR SWEET WITH BIRD SONG THE EARTH RICH WITH FRUIT FOR ALL WHO SHARE THE WORD OF LOVE

I AM! I ALWAYS WAS! I ALWAYS WILL BE!

LOVE WITH ALL YOUR HEART MIND AND SOUL LIFE WITHOUT LAW HAS NO ORDER LIFE WITHOUT HOPE HAS NO PURPOSE LIFE WITHOUT HONOR IS WORTHLESS LIFE WITHOUT LOVE ... ... THERE'S NO LIFE

LOVE

HONOR YOUR MOTHER AND FATHER

LOVE

HONOR YOUR CHILDREN HONOR YOURSELF THAT'S HOW YOU'LL HONOR ME

LOVE

FRUIT FOR ALL WHO SHARE THE WORD OF LOVE

LIFE IS SO PRECIOUS LIFE IS SO SACRED

LOVE YOUR NEIGHBOR AS YOU WOULD LOVE YOURSELF

LOVE

BE STEADFAST AND LOYAL TO THE LESSONS I TEACH AND YOUR MIND AND SPIRIT WILL SOAR THROUGH ALL ETERNITY

LOVE

DO NOT PERVERT WHAT IS HOLY

THALL SHARE NOT COVET THALL SHALL NOT STEAL

# THALL SHALL NOT BARE FALSE WITNESS

### DO NOT DEFACE WHAT I'VE CREATED

THALL SHALL NOT COMMIT ADULTERY THALL SHALL NOT COMMIT MURDER LAY DOWN WITH ME SECURE IN THIS PROTECTING LOVE WHICH WILL SHELTER YOU BENEATH ITS WINGS AND KEEP YOU SAFE THROUGHOUT THE NIGHT

SYMPHONY #6-2<sup>nd</sup> movement QABALA

Qabala existed even before Abraham and therefore does not belong to any tradition. As it appeared during the time of Abraham, then again Moses, and yet again during Rabbi Yhshwh, better known as Jesus, the time has come for it, once more, to be seriously examined. It is the study of the one cosmic energy.

The Qabala knows that YHWH is not a deity, but an immanence, which can become alive and active when the two vitalities in us, the container and the contained, fertilize each other.

If we are truly of the Qabala, the universe invades us with all that lives and dies, with what does and does not exist and has ever existed, with what first will be and never was. Time and space dissolve into timelessness. The astonishing mystery of All is determined by indetermination. The divinity is there. A man dies to himself for being so much alive. Qabala offers itself freely to minds that are free.

The unknowable unknown is a presence. The knowing of the presence is the unknown. There is no other revelation. Revelation is timeless and therefore of all time. It is of now when we accept it to be of now. The revelation is always there but for its being witnessed. From the second century until the Middle Ages, the Qabala spread eastward to Egypt, Asia Minor, Arabia, Persia, and as far as India. It can be found in the Quran, and it is established that the Prophet Mohammad had been taught by Rabbis. It was carried by the Jews and Arabs to Spain, to the south of France, and as far as the Anglo-Saxon world.

When Mosheh (Moses), spelled Mem-Sheen-Hay [Mem (water, as originator of existence), Sheen (Cosmic breath), Hay (Life)], turns around "to see this great light," and to wonder, "why this bush has not burnt," he asks, "When I come to the children of Israel ... and they shall say to me, what is his name? What shall I say to them?" The voice

responds, "Aleph-Hay-Yod-Hay. Aleph-Sheen-Raysh. Aleph-Hay-Yod-Hay. Yod-Hay-Vov-Hay."



(Aleph, is the unthinkable life-death, abstract principle of all that is and all that is not. It has no existence because all existence is continuous. If one retains it, it remains retained. If one buries it, it remains buried. If one sets aside its obstacles, it is action. Without Aleph, there would be nothing at all. Belonging to neither time and space, it is beyond the realm of our thought, beyond the reach of our mind.



(Hay, is the archetype of universal life)

 $\swarrow$  (Yod, existence which both betrays and satisfies life, continuity in the duration of that which duration destroys, the finite which never rejoins the infinite. It is the existence in time of Aleph, the timeless, the immeasurable.)



(Sheen, prodigious cosmic motion, movement of every-thing that exists; symbolizing cosmic breath)



(Raysh, the totality of the Universe)

(YHVH, sometimes called Yahveh, Jehovah, in

the English Bible "The Lord")

Vov [or Waw], expresses the fertilizing agent, that which impregnates) ALEPH-HAY-YOD-HAY ALEPH-SHEEN-RAYSH ALEPH-HAY-YOD-HAY

ALEPH-HAY-YOD-HAY YOD-HAY-VOV-HAY

ALEPH-HAY-YOD-HAY YOD-HAY-VOV-HAY

BREATHE DEEP SIMPLY CLEAR YOUR MIND

ALEPH-HAY-YOD-HAY

LISTEN TO THE RHYTHM OF YOUR LIFE

YOD-HAY-VOV-HAY

AND IN TIME YOU WILL FIND

ALEPH-SHEEN-RAYSH

WHO YOU'VE ALWAYS BEEN FROM WHERE YOU HAVE COME AND WHERE YOU WILL GO

ALEPH-HAY-YOD-HAY

### ALEPH-SHEEN-RAYSH

BREATHE BREATHE DEEP BREATHE

SIMPLY CLEAR YOUR MIND BREATHE DEEP BREATHE

LISTEN TO THE RHYTHM OF YOUR LIFE SIMPLY CLEAR YOUR MIND

REVELATION COMES IN THE MOMENT YOU ARE STILL

ALEPH-HAY-YOD-HAY ALEPH-SHEEN-RAYSH ALEPH-HAY-YOD-HAY

ALEPH-HAY-YOD-HAY YOD-HAY-VOV-HAY ALEPH-HAY-YOD-HAY YOD-HAY-VOV-HAY

BREATHE DEEP BREATHE

BREATHE DEEP BREATHE BREATHE BREATHE BREATHE

SYMPHONY #6-3<sup>rd</sup> movement The Garden of Eden גן עָרָן The Garden of Eden is a story we have all grown accustomed to from early childhood. Eve is seduced by the snake and subsequently deceives Adam by giving him the fruit from the tree of knowledge, which G-d has forbidden to eat, thus forcing them to leave the static perfection of Paradise.

However, the Kabbalah shows us a truer translation of the importance of Eden. It is Eve who not only brings the ability for Adam to awaken all his senses, but leave his static state and become mortal. She is not a deceiver, but the specific enabler, the catalyst that bares them to the earth to subsequently propagate the world with offspring. Eden, thus, represents the womb.

As recognized in genetics, if you will, they refer to "mitochondrial Eve and to the patrilineal ancestor of all living people as Y-chromosomal Adam."

#### Adam

אָדָם

# Adam

(in Eden is masculine in character) (fire, blood, wine) Eesh Aleph-Yod-Sheen

# Eve

ּמַנָּה

# Adamah

(the feminine element within him from which arises everything that is capable of developing man sensorially)

(water, earth, bread)

Esha

Aleph-Sheen-Hay

ADAM ADAM FIRE BLOOD ADAM ADAM

EESH ESHA ALEPH-YOD-SHEEN

ALEPH-SHEEN-HAY ADAMAH Ι Ι AM Ι AM WATER Ι AM THE EARTH Ι AM THE CONSCIENCE THAT YOU KEEP Ι AM EVE Ι Ι AM Ι ALWAYS WAS ADAMAH Ι ESHA ALWAYS WILL BE EVE THE COMPLETION OF YOURSELF WATER EARTH BREAD

YOU FEEL BECAUSE I FEEL YOU TASTE BECAUSE I TASTE YOU HURT BECAUSE I HURT

YOU ARE THE WINE I DRINK I AM THE BREAD YOU EAT

TIME HAS COME FOR YOU TO UNDERSTAND

EAT THIS FRUIT LEARN ALL THERE IS TO LEARN OPEN UP TO ALL THERE IS TO KNOW

IF YOU RESIST EESH YOU WILL NEVER CHANGE THE WAY YOU ARE ALEPH YOD SHEEN WITHOUT ME YOU WILL ALWAYS BE AT WAR FIRE BLOOD

EAT THIS FRUIT

TIME BEGINS WITH YOU AND ME OUR FIRST EMBRACE WE EAT THE FRUIT FROM PARADISE RELEASE OUR IMMORTALITY AND START ANEW START ANEW

SUCH A STATIC STATE

BEFORE OUR KISS NOT KNOWING WHAT WE WOULD MISS BUT WE WERE BORN AND NOW THE TREE OF LIFE AWAITS OUR TENDER CARE OUR TENDER CARE

PLANT YOUR SEEDS INSIDE OF ME AND WE WILL BEAR THE CHILDREN OF THE WORLD

LIFT UP YOUR EYES ON HIGH BEHOLD WHO HAS CREATED THEE BREATH THE SWEETNESS OF THE EARTH AND THE REFRESHING WATERS OF THE SEA AND ALL OUR CHILDREN WHO ARE BORN INTO THIS WORLD INTO THIS WORLD TO COME

SYMPHONY #6-4<sup>th</sup> movement Sin

At this point, it is interesting to recognize that if Adam and Eve had stayed within the paradise of Eden, the static perfection of the cosmos would have remained unchanged. Now that they have left to populate the world, perfection lies within their offspring to choose whether to adhere to their upper spirituality or succumb to their lower material nature.

It would be a Jewish rabbi, Yhshsh, also known as Jesus, who, according to the Gospel of Mary, considered this duality, recognizing that there wasn't any sin but simply this choice for humankind. "People sin because they don't recognize their own spiritual nature and instead, love the lower nature that deceives them and leads them to disease and death. Salvation is achieved by discovering the true spiritual nature of humanity and overcoming the deceptive entrapments of the bodily passions of the world. There is an ultimate source of goodness, and all humans carry a spark of that divinity which they have to subsequently awaken within themselves."

I see Yhshsh as a light hearted spirit against the backdrop where clearly cruelty ruled the day and human life had no value.

SIN THERE IS NO

THERE'S A SPIRITUAL PATH WHERE THE SOUL CAN REJOICE THE NATURE OF HUMANITY A SIMPLE CHOICE

PEOPLE "SIN" WHEN THEY DON'T RECOGNIZE THEIR SPIRITUAL NATURE AND WHERE IT LIES

INSTEAD THEY LOVE ENTRAPMENTS OF THE MATERIAL WORLD DECEPTIVE BODILY PASSIONS AND THEY FIND THEMSELVES HURLED

DOWN DOWN A NARROWING LIFE DOWN PETTY WANTS, NOT NEED DECEIVING THEM LEADING THEM INSATIABLE GREED UNREQUITED LUST WHICH NOTHING CAN FULFILL AND THEN THEIR LIFE IS OVER AND THEY FIND THEY'RE WANTING STILL This is not about sin This is the true nature of humanity

SIN THERE IS NO

PEACE BECOMES YOU PEACE BECOMES US ALL WHEN WE ARE ONE WITH THE WORLD THE WORLD IS ONE WITH US

IF WE CHOOSE

### IF WE CHOOSE

GOODNESS HONESTY SINCERITY OPENNESS TOLERANCE EMPATHY HUMILITY COMPASSION KINDNESS LOVE

SYMPHONY #6-5<sup>th</sup> movement Babel

Since the beginning of consciousness, with all the glorious teaching about civility and spiritual pursuit to better our lives, it is quite obvious, we, the children of Adam and Eve, have not listened.

Throughout human history, it seems we have only refined the ability proving how inhuman we truly are. Though we evolved technologically, we remained static in our relentless material consumption, spiritually void and hell-bent on using these advancements to take advantage of one another.

Only two millennia ago, one of our most revered teachers preached love and tolerance, trying to stem the negative tide. He was ultimately accused of sedition and savagely murdered by a government who was infamously corrupt, dispensing the law as it saw fit. Just within the Twentieth Century alone, we murdered one hundred million of ourselves, and the killing and cruelty goes on.

Our arrogance in thinking we are superior is destroying the habitat of the animal kingdom, with many species on the brink of extinction. We are rapidly depleting the world of its forests, the planet's lungs. We matter-of-factly pollute our water and air, methodically poisoning ourselves. The hatred of woman, the indifference to the perfection of making a child all that it can be, the segregation within the variety of our own species so to prevent any even-handedness, is exponential. The verb is materialist greed. It has driven us to so defiling the planet, the perpetuation of our very existence is now in question.

It is all about balance. For us to survive, we have to recognize life must be in balance!

We are all intertwined and interdependent on each other, no matter how small and seemingly insignificant. Everything is part of the fabric of life. Positive energy far out weights negative, and yet we choose not to communicate, pursuing material goals, while on autopilot, oblivious to the repercussions.

The static perfection of our earth, before human creation, will only reclaim itself after our self-destruction. Unless we evolve completely, understanding we are a part of the whole and responsible for consciously keeping the balance with all of earth's life forms, our end is inevitable.

PEACE BECOMES YOU PEACE BECOMES US ALL

INDIFFERENCE

PEACE BECOMES YOU SELFISHNESS ARROGANCE

PEACE BECOMES US ALL

GREED NIHILISM DISHONESTY PREJUDICE

WHEN WE ARE ONE WITH THE WORLD

WICKEDNESS DEPRAVITY

THE WORLD IS ONE WITH US

HATRED

IF WE CHOOSE

MALIGNANCY

IF WE CHOOSE

DEATH TO THE MESSENGER

HATRED HATRED HATRED HATRED HATRED

FIRE BLOOD FIRE BLOOD

# WE HAVE BETRAYED OURSELVES

HOPELESS POOR BARREN ANXIOUS PURPOSELESS FORSAKEN LOST LOST LOST LOST

WHO ARE WE? WHERE ARE WE GOING?

SEARCHING ALWAYS SEARCHING SEARCHING SEARCHING

SYMPHONY #6-6<sup>th</sup> movement Resurrection

Most of us associate the word, "resurrection," within Christian doctrine. However, resurrection is not believing if one rises from the dead. It is the embodiment of Truth, which survives long after the messenger has passed, as with Moses, Siddhartha Gautama (Buddha), Confucius, Archimedes, Lau Tzu, Jesus, Muhammad, Native Americans, or more recently as with Galileo, Sir Isaac Newton, Thomas Jefferson, Abraham Lincoln, Albert Einstein and Mahatma Gandhi.

Resurrection is an ongoing process of death and renewal. If one learns from the mistakes one has made and never repeats them, then mistakes become points of wisdom from which

the individual or society resurrects itself to a higher plane of consciousness, the necessary catharsis of evolution.

We can remain as oblivious or as conscious as we choose. Every revelation raises us beyond our static state. Every correction of behavior elevates us from the wilderness of oblivion, the darkness of our ignorance.

Yes, certain actions are irretrievable and injured parties may never recover.

Hope and the perpetual seeking of Wisdom and Truth, so to elevate ourselves to a higher consciousness, must exist on a daily basis. Otherwise, we will not only be doomed to repeat our folly, but the nihilism it breeds will inevitably destroy us.

The Truth is out there since the earliest of sages recognized it. If we hold onto these Truths, resurrection becomes the verb, which directs our lives towards the perfection that always seems to be just out of reach. None-the-less, in the striving, we will become perfect and timeless.

SEARCHING SEARCHING SEARCHING

WHERE WHY HOW SEARCHING SEARCHING

REVELATION COMES IN THE MOMENT YOU ARE STILL

PEACE BECOMES YOU PEACE BECOMES US ALL WHEN WE ARE ONE WITH THE WORLD THE WORLD IS ONE WITH US

IF WE CHOOSE IF WE CHOOSE

GOODNESS HONESTY SINCERETY OPENESS TOLERANCE

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