

Serum levels of anti- α Galactosyl antibodies predict survival and peritoneal dialysis-related enteric peritonitis rates in patients undergoing renal replacement therapy

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Background: Anti-Gal α 1-3Gal antibodies (anti- α Gal) represent a significant fraction of natural antibodies and were implicated in several disease states, yet their origin and physiological significance remain largely undisclosed. **Methods:** Under a prospective observational design, we estimated anti- α Gal immunoglobulin G (IgG)/IgM and antipig hemolytic antibody (APA) levels in 133 patients starting dialysis therapy and again after a 1-year follow-up. We used baseline data to show correlations with demographic, nutritional, inflammatory, and anemia markers and analyzed their correlation with outcomes by using univariate and multivariate strategies of survival analysis. **Results:** Serum anti- α Gal and APA levels showed wide baseline variability, but remained relatively stable in time. Both were measurable in dialysate of peritoneal dialysis (PD) patients, showing close correlation to serum levels. We observed no association between levels of anti- α Gal/APA and nutritional markers, but showed direct correlations of anti- α Gal IgM ($P = 0.005$) and APA levels ($P = 0.001$) with tumor necrosis factor α (TNF- α) levels. High APA levels also were associated with severe anemia ($P = 0.006$). High baseline anti- α Gal IgM ($P = 0.03$) and APA levels ($P = 0.045$) predicted later risk for enteric peritonitis in PD patients. Finally, univariate and multivariate analyses showed a consistent association between high baseline anti- α Gal IgM ($P = 0.014$) and APA ($P = 0.021$) levels and global risk for mortality during follow-up. **Conclusion:** Anti- α Gal IgM and APA levels at the start of dialysis therapy are significant predictors of later risk for mortality and, in PD patients, enteric peritonitis. Both correlate directly with TNF- α levels and, in the case of APA, severity of anemia in these patients.

Index words:

Anti- α Galactosyl antibodies, inflammation, anemia, peritoneal dialysis (PD), hemodialysis (HD), peritonitis

THE TERMINATED TRISACCHARIDE structure Gal α 1-3Gal β 1-4GlcNAc (α Gal) epitope is widely present on the cell surface of most living creatures, from bacteria to mammals. Humans and higher primates constitute a notable exception to this rule, and in these species, a reciprocal evolutionary pattern has resulted in the presence of variable amounts of preformed circulating antibodies (anti- α Gal) against this epitope.¹ Anti- α Gal represent a small, yet significant, fraction of natural antibodies.² They are synthesized by approximately 1% of B lymphocytes,³ accounting for approximately 1% to 8% of circulating γ -globulins,⁴ and appear to be present consistently in human secretions.⁵ They are most notorious for representing a main barrier to xenotransplantation, yet their origin and physiological roles are still not clear despite ample investigation in this field.⁶ Current knowledge suggests that anti- α Gals are synthesized continuously by peritoneal cavity–derived B₁ lymphocytes^{7, 8, 9, 10, 11, 12} as a response to lifetime contact between the organism and intestinal flora.¹³ They are able to bind to the surface of different Enterobacteriaceae, including *Escherichia coli*, *Klebsiella* species, and *Serratia* species, but it currently is unknown if they constitute a defense barrier against these bacteria.¹³ Anti- α Gals may downregulate alternative complement pathway–dependent defense mechanisms, with a potential detrimental effect on the ability of the organism to combat infections by these microorganisms.¹⁴ This particularity may be aimed originally at limiting complement activation on the surface of senescent or abnormal erythrocytes, which anti- α Gal contribute to clear from the circulation.¹⁵ Finally, anti- α Gal also were implicated in the genesis of some autoimmune diseases.^{16, 17}

Anti- α Gal and antipig hemolytic antibodies (APAs; a relatively nonspecific estimator of the functional properties of anti- α Gal) have been studied insufficiently in patients undergoing renal replacement therapy (RRT). Some years ago, we reported a preliminary cross-sectional survey of a small group of patients prevalent on RRT.¹⁸ We now report on a wider cohort of patients followed up prospectively after starting RRT. Our main points of interest are to disclose the basic demographic characteristics of anti- α Gal and APA in patients starting RRT; assess the correlation between serum levels of these antibodies and the nutritional, inflammatory, and anemia status of these patients; compare the time course of anti- α Gal levels in patients treated with peritoneal dialysis (PD) and hemodialysis; and analyze the potential correlation between anti- α Gal levels at the start of RRT and clinical outcome (survival) of these patients. In PD patients, we also scrutinized for the presence of these antibodies in peritoneal fluid and searched for an association between baseline serum and dialysate anti- α Gal levels and later risk for PD-related peritonitis.

METHODS

General Design

Following a prospective observational design, we monitored serum anti- α Gal and APA levels in 133 patients initiating RRT in our unit between August 1999 and December 2003. Follow-up was closed by August 2005. Patients were recruited consecutively. Exclusion criteria were unwillingness to cooperate in the study (1 patient), dialysis starting in an unstable clinical setting (34 patients) or after failure of a renal allograft (11 patients), and presumed early loss to follow-up. The latter group included 2 patients starting PD therapy and 66 patients starting hemodialysis therapy who were switched to other centers immediately after initiating RRT. Main reasons for these transfers were availability of dialysis therapy in a center closer to the patient's residence area and/or incapacity of our center to treat more patients. These patients did not differ significantly from those continuing therapy in our center. Main characteristics of the study group are listed in Table 1. Patients beginning PD therapy were similar to those beginning hemodialysis therapy, except for a greater prevalence of diabetes in the former group (48.4% versus 23.1%; $P = 0.005$). No patient had a disseminated neoplasia or human immunodeficiency virus infection at the start of dialysis treatment. We estimated anti- α Gal levels at baseline (median, 0 day; range, 0 to 33 days before the first dialysis session) and, in patients reaching 1 year in the same mode of RRT, again at the end of the first year. We also scrutinized at baseline selected clinical and biochemical markers, including nutritional (standard Subjective Global Assessment, albumin level, and prealbumin level), anemia (hemoglobin level and erythropoietin [EPO] dose), and inflammatory markers

(high-sensitivity C-reactive protein [hs-CRP], interleukin 6 [IL-6], tumor necrosis factor α [TNF- α], intercellular adhesion molecule [ICAM]), and residual renal function.

Table 1. Study Population

Age (y)	60 (7-87)
Sex (men/women)	84/49 (63.2/36.8)
Diabetes	54 (40.6)
Charlson comorbidity score	6 (2-12)
Malnutrition (Subjective Global Assessment)	13 (9.8)
Chronic liver disease	10 (7.5)
Chronic lung disease	12 (9.0)
Steroid or immunosuppressive therapy	8 (6.0)
Initial mode of RRT (PD/hemodialysis)	93/40 (69.9/30.1)

NOTE. Values expressed as median (range) for numerical variables or number of cases (percent) for categorical variables.

In a randomly selected group (n = 37) of patients starting PD therapy, we collected dialysate samples after a 12-hour dwell during their second week of PD therapy and, when possible, again at the end of the first year. We estimated anti- α Gal and APA levels in these samples.

Strategy of Analysis

The study had a 4-fold objective: (1) to define basic demographic features of anti- α Gal and APA in patients starting RRT and the time course of serum levels of these antibodies during the first year of dialysis therapy, with a specific interest in comparing effects of PD and hemodialysis; (2) to disclose potential correlations between baseline serum anti- α Gal and APA levels and levels of selected inflammatory, nutritional, and anemia markers; (3) to analyze correlations of anti- α Gal and APA levels with PD-related peritonitis, answering to a double-sense question: First, do serum or dialysate anti- α Gal and/or APA levels predict the later incidence of peritonitis (overall) or enteric peritonitis during PD therapy? Second, do patients with peritonitis during their first year of PD therapy present a different time-course of anti- α Gal or APA levels?; and (4) to assess the correlation between baseline serum levels of anti- α Gal/APA and mortality during the course of RRT.

Definition of Variables

We used Charlson comorbidity score (which encompasses age and diabetes)¹⁹ to assess patients' global baseline risk for mortality. Malnutrition was diagnosed according to standard Subjective Global Assessment, performed in all patients at the start of RRT; in practice, it was managed as a binary variable because of the relatively low prevalence of any degree of malnutrition, according to this method (Table 1). Anemia status was categorized conventionally as severe (hemoglobin ≤ 10 g/dL [≤ 100 g/L] and/or need for EPO therapy) or nonsevere (hemoglobin > 10 g/dL [> 100 g/L] and no EPO therapy) to facilitate data analysis. In patients treated with darbepoetin, a 1- μ g:200 unit conversion factor to EPO was applied for analysis. PD-related peritonitis was defined according to standard criteria. We defined enteric peritonitis as episodes caused by Enterobacteriaceae, alone or in combination with *Enterococcus* species or intestinal anaerobic bacteria.

Laboratory Methods

*Measurement of anti- α Gal antibodies by enzyme-linked immunoassay.*²⁰ Microtiter plates were coated with 50 μ g/well of α Gal(1-3) β Gal(1-4)GlcNAc linked to human serum albumin (5 μ g/mL; Dextra Labs, Reading, UK) in 0.1 M of carbonate buffer, pH 9.6, overnight at 4°C. Coated plates were blocked with 200 μ L/well of 0.5% Tween/phosphate-buffered saline (PBS; Sigma-Aldrich Lab, Steinheim, Germany) for 1 hour at room temperature. After washing, duplicate dilutions of serum prepared with 0.5% Tween/PBS, ranging from 1:2.5 to 1:320 or 1:10 to 1:1280, were pipetted (50 μ L/well) to the antigen-coated wells and into uncoated blank wells serving as controls for nonspecific antibody binding. After incubation for 1 hour at room temperature, plates were washed 6 times with 0.1% Tween/PBS and incubated with horseradish peroxidase-labeled goat F(ab')₂ antihuman immunoglobulin G (IgG; γ chain specific) or IgM (μ chain specific; Sigma, St Louis, MO) at 1:200 in 0.5% Tween/PBS for 1 hour at room temperature. After 6 washes with 0.1% Tween/PBS, the plate was developed with a solution of orthophenylene diamine (Sigma), prepared according to the manufacturer's instructions, and quenched with 1 mL of H₂SO₄ before reading absorbance at 492 nm. Anti- α Gal IgG or IgM levels in different assays were normalized by comparison to a pool of human sera provided by the local blood bank, set at 1,000, which was included in all assays.

*APA measurement.*²⁰ Clotted blood samples were spun for 5 minutes at 3,000 rpm at 4°C. Sera then were collected, transferred into Eppendorf tubes, and heat inactivated at 56°C for 30 minutes. Subsequently, each serum was diluted serially in a 96-well plate with complement fixation diluent (ICN, Costa Mesa, CA) from 1:2.5 to 1:1280. After the addition of rabbit complement (Serotec, Oxford, UK) and 1% porcine red blood cells, plates were placed in an orbital incubator at 37°C for 1 hour and centrifuged for 10 minutes. Next, 100 μ L of supernatant from each well was transferred into reading plates. The reading was performed using a Labsystems Multiskan Plus (Labsystems, Helsinki, Finland) at a wavelength of 420 nm. Mean absorbance of the 2 replicates was calculated for each dilution and expressed in area under the curve units, considering the number of area under the curve units of the pool of human control serum as equal to 1,000.

The APA assay provides information about functional properties of antibodies, detecting rabbit complement-fixing antibodies that bind to porcine red blood cells. In normal conditions, anti- α Gals are the main, but not only, natural antibodies responsible for the result of this assay.

Other Laboratory Methods

Coefficients of variation (SD/mean) of main laboratory variable estimations were 0.83 (anti- α Gal IgG), 0.84 (anti- α Gal IgM), and 0.87 (APA). PD dialysate samples underwent concentration ($\times 5$) using Millipore Amicon Ultra-4 centrifugal filter devices (PL-10, 10,000 NMWL; Millipore, Billerica, MA) before estimation of anti- α Gal and APA levels. Hemoglobin, albumin, prealbumin, urea, and creatinine levels were estimated by using standard autoanalyzers. Residual renal function was calculated after 24-hour urine collections as the mean of urea and creatinine clearances. hs-CRP level was estimated by means of immunoturbidimetry (Roche Diagnostics, Mannheim, Germany). Serum IL-6, TNF- α , and ICAM levels were estimated by means of enzyme-linked immunosorbent assay (R&D Systems, Minneapolis, MN).

Statistical Analysis

Numerical variables are presented as median and range. Statistical analysis was carried out using univariate nonparametric tests: Mann-Whitney, Kruskal-Wallis (unpaired data), and Wilcoxon (paired data) tests for comparison of numerical variables and chi-square analysis for comparison of categorical variables. Univariate correlations between numerical variables were assessed from Spearman correlation coefficient. Bland-Altman plots were used to represent graphically the concordance between baseline and 1-year anti- α Gal levels. Multivariate correlates

of anti- α Gal and APA levels were explored according to multiple regression and logistic regression (anemia) analysis. Analysis of mortality or survival to the first episode of peritonitis (overall or enteric) was carried out by using the Kaplan-Meier method (comparisons by means of log-rank test; univariate) and Cox model (multivariate). Patients were censored at renal transplantation or loss to follow-up and, in the case of peritonitis risk analysis, also in case of death or switch to hemodialysis therapy. SPSS 12.0 software (SPSS Inc, Chicago, IL) was used to produce statistical analysis.

RESULTS

Baseline

Baseline serum anti- α Gal and APA levels showed wide variability (Table 2), but were interrelated significantly: anti- α Gal IgG-anti- α Gal IgM ($r = 0.44$; $P < 0.001$), anti- α Gal IgG-APA ($r = 0.40$; $P = 0.001$), and anti- α Gal IgM-APA ($r = 0.70$; $P < 0.001$).

Table 2. Main Baseline Laboratory Variables

Anti- α Gal IgG*	359 (13-1,898)
Anti- α Gal IgM*	331 (21-2,463)
Anti-APA*	712 (27-4,141)
Albumin (g/dL)	3.6 (2.1-4.6)
Prealbumin (mg/dL)	31 (9-61)
Hemoglobin (g/dL)	10.1 (6.4-15.0)
EPO dose (U/wk) ^{††}	4,000 (0-12,000)
hs-CRP (mg/L)	7 (1.2-85)
IL-6 (pg/mL)	5.0 (0.0-101.0)
TNF- α (pg/mL)	6.0 (0.1-15.7)
ICAM (ng/mL)	269 (21-882)
Mean renal clearance (mL/min)	6.1 (0-12.6)

NOTE. Values expressed as median (range). To convert albumin and hemoglobin in g/dL to g/L, multiply by 10; renal clearance in mL/min to mL/s, multiply by 0.01667.

* Dimensionless.

[†] In patients treated with darbepoetin, 1 μ g:200 units equivalence was applied.

There were trends to greater anti- α Gal IgM (median, 375 versus 282; $P = 0.03$, Mann-Whitney) and APA levels (median, 841 versus 661; $P = 0.09$) in women than men (anti- α Gal IgG, not significant [NS]). We also observed a weak trend to an inverse correlation between age and APA level ($r = -0.18$; $P = 0.04$). Conversely, we did not detect a correlation between any of the following clinical markers and baseline serum anti- α Gal or APA levels: underlying disease, Charlson score, diabetes, mode of dialysis (intention to treat), malnutrition by means of Subjective Global Assessment, cardiovascular comorbidity, chronic liver or lung disease, or current treatment with steroids or immunosuppressants at the start of RRT, either on univariate or multivariate analysis.

Baseline values for the selected laboratory nutritional, anemia, and inflammatory markers scrutinized are listed in Table 2.

Time Course of Anti- α Gal and APA Levels

Eighty-one patients completed a minimum follow-up of 1 year and had a second estimation of anti- α Gal and APA levels at this time. Reasons for dropping out during the first year included death ($n = 16$), renal transplantation ($n = 20$), change in dialysis mode ($n = 6$), and loss to follow-up or failure to obtain a second estimation of antibodies ($n = 10$).

Median values (dimensionless) at the end of the first year were 372 (range, 8 to 2,237) for anti- α Gal IgG, 277 (range, 20 to 3,228) for anti- α Gal IgM, and 775 (range, 59 to 6,976) for APA. Again, both variables were interrelated significantly: anti- α Gal IgG-anti- α Gal IgM ($r = 0.46$; $P < 0.001$), anti- α Gal IgG-APA ($r = 0.39$; $P = 0.002$), and anti- α Gal IgM-APA ($r = 0.81$; $P < 0.001$).

APA levels tended to increase from baseline to the end of the first year (median, 551 to 775; $P = 0.04$), whereas anti- α Gal IgG and IgM levels remained essentially stable. There were strong correlations between baseline and 1-year levels of anti- α Gal IgG ($r = 0.86$; $P < 0.001$), anti- α Gal IgM ($r = 0.81$; $P < 0.001$), and APA ($r = 0.64$; $P < 0.001$). Bland-Altman plots showed a high degree of concordance between baseline and 1-year anti- α Gal levels, although this concordance was lower in patients with highest serum levels (Fig 1).

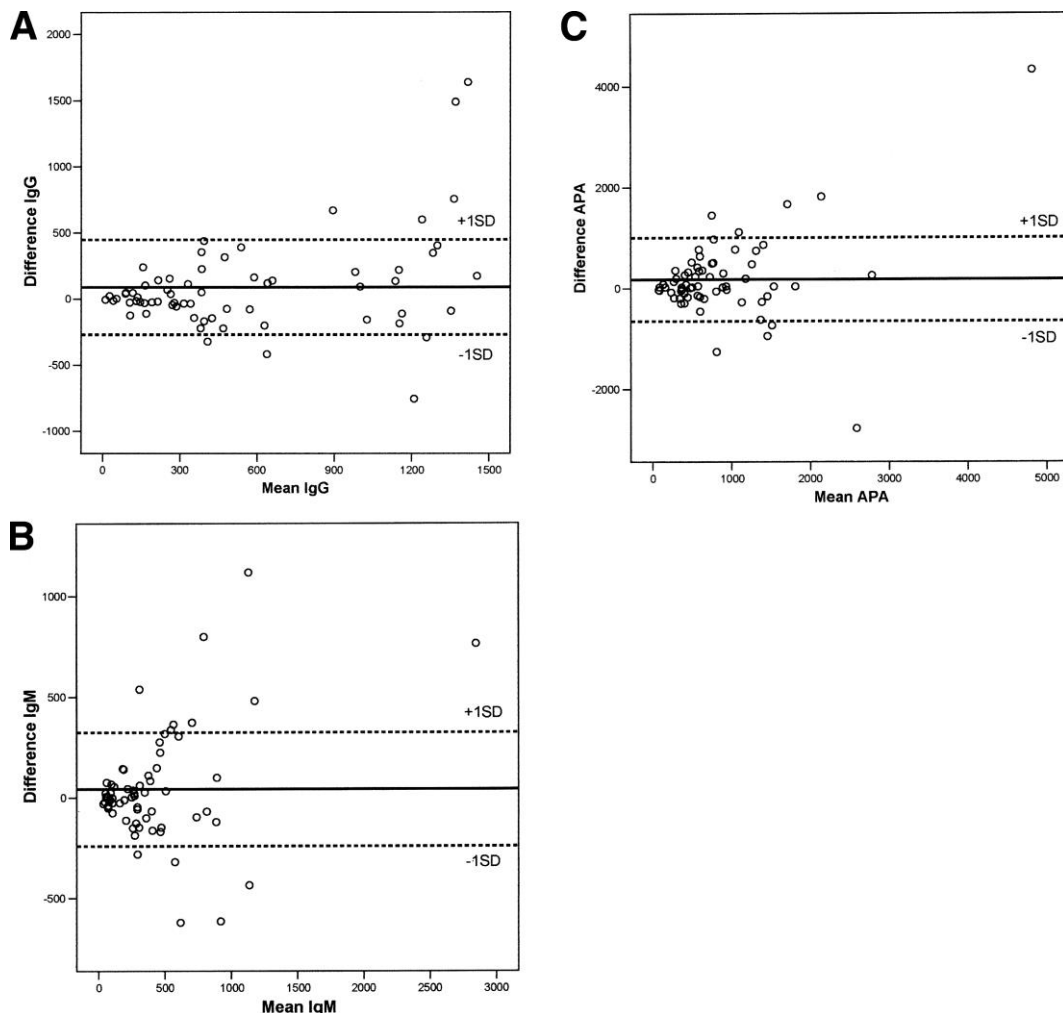


Fig 1. Bland-Altman plots of concordance between baseline and 1-year serum (A) anti- α Gal IgG, (B) anti- α Gal IgM, and (C) APA levels.

Whereas anti- α Gal and APA levels remained essentially stable in elderly patients, there were trends to an increase in APA ($P = 0.009$) and anti- α Gal IgM ($P = 0.09$) levels from baseline to the end of the first year in younger patients (<60 years; anti- α Gal IgG, NS). Neither PD nor hemodialysis patients presented a significant change in anti- α Gal or APA levels, but both anti- α Gal IgM (median, 260 versus 463 units; $P = 0.03$) and APA levels (632 versus 990 units; $P = 0.09$) tended to be lower in PD patients than hemodialysis patients at the end of the first year (anti- α Gal IgG, NS).

Anti- α Gal and APA Levels in Dialysate (PD Patients)

Baseline median dialysate levels were 37 (range, 0 to 1,010; anti- α Gal IgG), 33 (range, 0 to 317; anti- α Gal IgM), and 84 (range, 11 to 344; APA). These 3 variables were interrelated in a similar way to serum levels: anti- α Gal IgG–anti- α Gal IgM ($r = 0.36$; $P = 0.07$), anti- α Gal IgG–APA ($r = 0.25$; $P = 0.20$), and anti- α Gal IgM–APA ($r = 0.44$; $P = 0.03$). Dialysate levels also correlated significantly with simultaneous serum levels: anti- α Gal IgG, $r = 0.53$ ($P = 0.008$); anti- α Gal IgM, $r = 0.46$ ($P = 0.03$); and APA, $r = 0.38$ ($P = 0.05$).

We obtained new dialysate samples at the end of the first year for 20 patients, and median anti- α Gal levels were 30 (range, 0 to 868; anti- α Gal IgG), 32 (range, 0 to 136; anti- α Gal IgM), and 74 (range, 15 to 285; APA; NS versus baseline).

Correlation With Other Laboratory Markers

Baseline correlations of anti- α Gal and APA levels with the selected nutritional, inflammatory, and anemia markers are listed in Table 3. There was a trend to a direct correlation between anti- α Gal IgM and APA and simultaneous TNF- α levels. Conversely, we observed no association between serum natural antibody or APA levels and those of hs-CRP, IL-6, or ICAM.

Table 3. Correlations Between Anti- α Gal and APA Levels and Laboratory Markers

	Anti- α Gal IgG	Anti- α Gal IgM	APA
Albumin	-0.02 (0.81)	-0.17 (0.05)	-0.06 (0.48)
Prealbumin	-0.09 (0.37)	0.004 (0.96)	-0.02 (0.83)
hs-CRP	-0.08 (0.47)	-0.16 (0.10)	-0.01 (0.96)
IL-6	0.06 (0.51)	-0.06 (0.59)	0.09 (0.32)
TNF- α	0.14 (0.14)	0.25 (0.005)	0.30 (0.001)
ICAM	0.04 (0.66)	-0.06 (0.56)	-0.05 (0.61)
Hemoglobin	-0.12 (0.17)	-0.07 (0.41)	-0.17 (0.05)
EPO dose	-0.15 (0.09)	-0.08 (0.40)	0.18 (0.04)
Mean renal clearance	0.02 (0.84)	-0.14 (0.16)	-0.14 (0.18)

NOTE. Values expressed as Spearman correlation coefficient (P).

APA levels (but not anti- α Gal IgG or IgM levels) correlated directly with severity of anemia (Table 3). Patients with nonsevere anemia had significantly lower baseline serum APA levels than patients with severe anemia (Fig 2; anti- α Gal IgM and IgG, NS). Logistic regression analysis identified residual renal function (odds ratio, 0.80 per mL/min; 95% confidence interval [CI], 0.67 to 0.95; $P = 0.013$) and the higher (odds ratio, 4.78; 95% CI, 1.57 to 14.56; $P = 0.006$), but not the median (odds ratio, 1.67; 95% CI, 0.56 to 4.96; $P = 0.36$ versus lower), tertiles of baseline serum APA levels as the main independent predictors of severe anemia at the start of RRT (Charlson score, malnutrition, and other laboratory markers, NS).

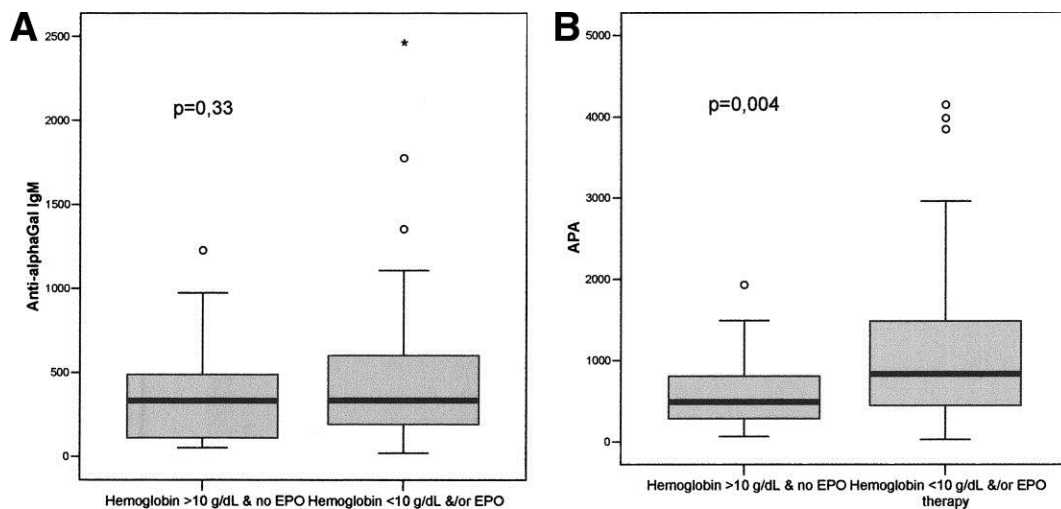


Fig 2. Baseline serum (A) anti- α Gal IgM and (B) APA levels according to severity of anemia. Comparisons using Mann-Whitney test. To convert hemoglobin in g/dL to g/L, multiply by 10.

Anti- α Gal, APA, and Peritonitis in PD Patients

During the study period, we recorded 74 episodes of infectious peritonitis (1 episode every 31.4 patient-months). The etiologic spectrum was similar to that of other studies, with a predominance of gram-positive bacteria ($n = 41$; 55.4%). Only 51 patients (54.8%) were free of peritonitis at the end of follow-up, whereas 27 patients (29.0%) experienced at least 1 episode of peritonitis, but no enteric peritonitis. Finally, we observed 18 instances of enteric peritonitis (8 episodes, polymicrobial) in 15 patients (16.1%). The first episode of enteric peritonitis occurred a median of 5 months after the start of PD therapy (range, 1 to 29 months); in 11 cases (73.3%), it occurred during the first year of PD therapy. No patient died, but 3 patients were switched to hemodialysis therapy as a direct consequence of enteric peritonitis.

Table 4 lists baseline serum and dialysate anti- α Gal and APA levels in PD patients without peritonitis, with nonenteric peritonitis only, and with enteric peritonitis during follow-up. We observed no association between anti- α Gal or APA levels and later risk for nonenteric peritonitis, but greater baseline serum and dialysate anti- α Gal IgM and APA levels were evident in patients developing enteric peritonitis during follow-up. Kaplan-Meier analysis confirmed these trends (dialysate anti- α Gal and APA levels not scrutinized because of insufficient statistical power). Patients at the highest tertile of baseline anti- α Gal IgM and APA (but not anti- α Gal IgG) levels showed a significant risk for enteric peritonitis during their first year of PD therapy (Fig 3). Multivariate analysis (Cox model) identified baseline serum anti- α Gal IgM (hazard ratio, 2.1; 95% CI, 1.1 to 4.3; $P = 0.03$) or, to a lesser extent, baseline serum APA level (hazard ratio, 1.8; 95% CI, 0.95 to 3.5; $P = 0.07$) as the only independent predictors of risk for enteric peritonitis during follow-up (age as the only control variable included in the model; anti- α Gal IgG and other clinical or laboratory variables, NS).

Table 4. Baseline Anti- α Gal and APA Levels and Risk for Peritonitis in PD Patients

	No Peritonitis	Nonenteric Peritonitis	Enteric Peritonitis
Anti- α Gal IgG serum	361 (13-1,898)	315 (13-1,367)	314 (68-1,367)
Anti- α Gal IgM serum	312 (40-2,463)	319 (21-1,227)	612 (57-1,247)*††
APA serum	639 (74-3,839)	764 (67-4,141)	1,169 (92-1,929)*
Anti- α Gal IgG dialysate	30 (0-238)	55 (0-1,000)	70 (18-745)
Anti- α Gal IgM dialysate	34 (2-317)	31 (0-294)	89 (29-294)*††
APA dialysate	81 (20-208)	99 (11-344)	178 (11-344)‡‡

NOTE. Values expressed as median (range; dimensionless). Comparisons by means of Mann-Whitney test.

* $P < 0.05$ versus no peritonitis.

† $P < 0.05$ versus nonenteric peritonitis.

‡ $P = 0.06$ versus no peritonitis. Other differences NS.

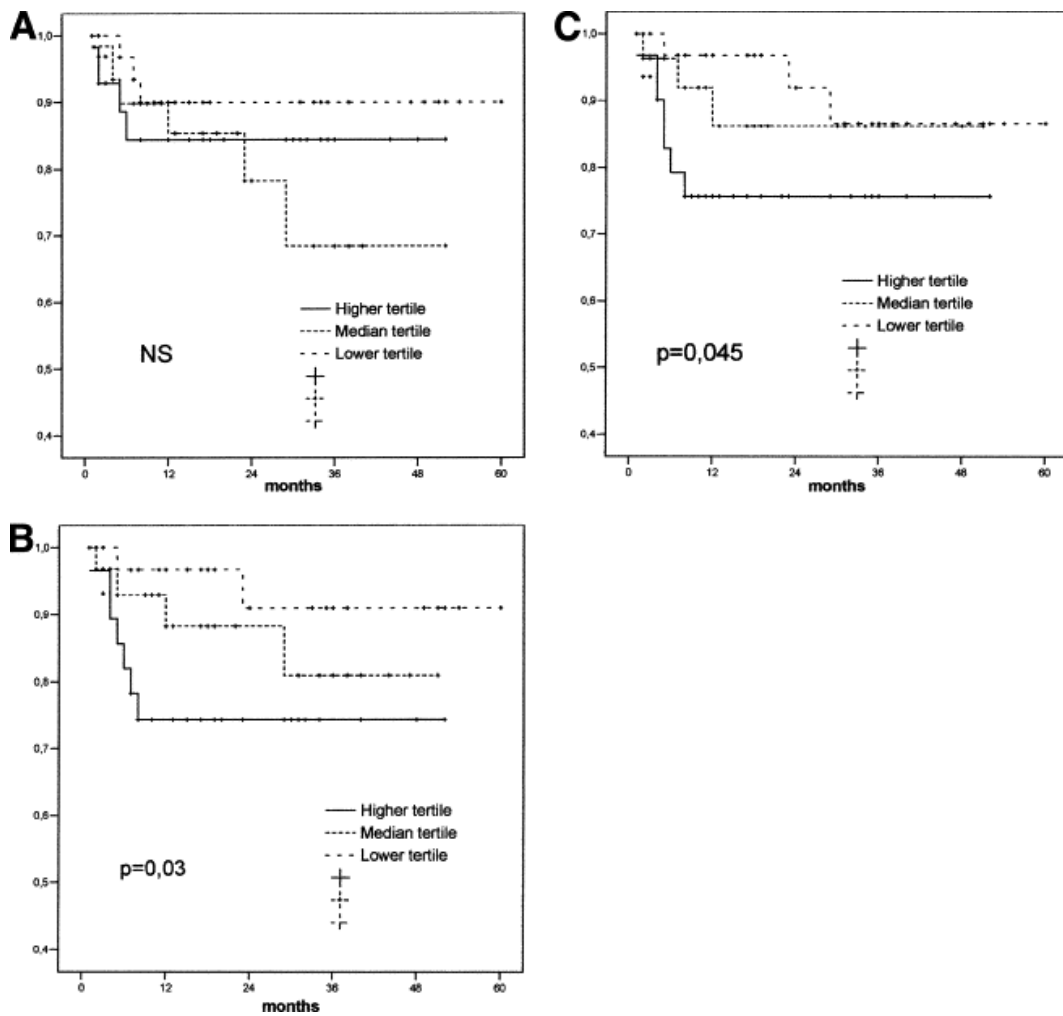


Fig 3. Survival to the first episode of enteric peritonitis according to tertile of baseline (A) anti- α Gal IgG, (B) anti- α Gal IgM, and (C) APA levels. Comparisons using log-rank test.

We did not detect a different time course of serum or dialysate anti- α Gal or APA levels in patients with nonenteric or enteric peritonitis during their first year of PD therapy.

Anti- α Gal, APA, and Survival on Dialysis Therapy

Table 5 lists hemodialysis and PD patient status at the end of follow-up. Univariate Kaplan-Meier analysis showed trends to lower survival in patients with the higher tertiles of APA ($P = 0.002$ versus lower tertile) and anti- α Gal IgM levels ($P = 0.08$ versus lower tertile), but not anti- α Gal IgG levels (Fig 4). Multivariate analysis confirmed these trends, indicating that both baseline serum APA and anti- α Gal IgM levels were independent predictors of risk for mortality (Table 6). This association persisted after controlling for clinical, inflammatory, and nutritional markers. Lack of statistical power hampered in-depth exploration of whether this association could be restricted to specific causes of death, but Kaplan-Meier analysis suggested similar trends for cardiovascular and noncardiovascular mortality.

Table 5. Patient Status at the End of Follow-Up

	PD (n = 93)	Hemodialysis (n = 40)
Follow-up (mo)	25 (2-60)	32 (3-72)
Still on same mode of dialysis	25 (26.9)	15 (35.0)
Switch to another modality	8 (8.6)	1 (2.5)
Renal transplant	26 (28.0)	11 (27.5)
Loss to follow-up	3 (3.2)	2 (5.0)
Death	31 (33.3)	11 (27.5)
Cardiovascular	14 (45.2)	6 (54.5)
Infectious	3 (9.7)	0 (0)
Dementia/failure to thrive	4 (12.9)	2 (18.2)
Other/multifactorial	7 (22.6)	2 (18.2)
Uncertain	2 (6.5)	1 (9.1)

NOTE. Values expressed as median (range) for follow-up or number of cases (percent) for all other.

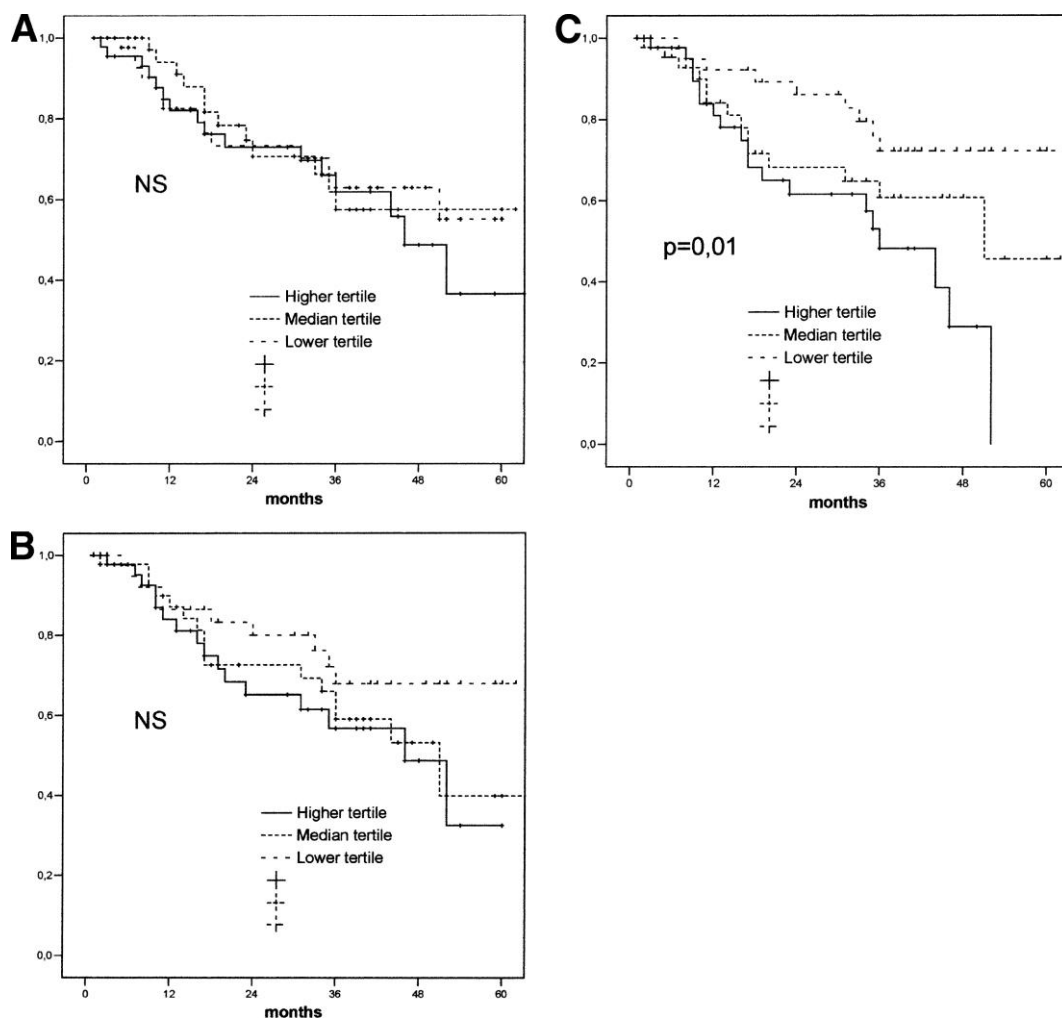


Fig 4. Patient survival according to tertile of baseline (A) anti- α Gal IgG, (B) anti- α Gal IgM, and (C) APA levels. Comparisons using log-rank test.

Table 6. Patient Survival According to Baseline Serum Anti- α Gal and APA Levels, Multivariate

	Anti- α Gal IgG Model Chi-Square = 39.0; P < 0.0005	Anti- α Gal IgM Model Chi-Square = 41.4; P < 0.0005	APA Model Chi-Square = 43.7; P < 0.0005
Charlson score (per point)	1.41 (1.15-1.73) P < 0.001	1.35 (1.15-1.59) P < 0.001	1.41 (1.17-1.70) P < 0.001
IL-6 (per pg/mL)	1.03 (1.01-1.05) P = 0.008	1.04 (1.02-1.06) P < 0.001	1.03 (1.01-1.05) P = 0.002
Albumin (per g/dL)	0.93 (0.87-0.98) P = 0.023	Out of model	0.95 (0.89-1.00) P = 0.05
Anti- α Gal/APA (per tertile)	1.15 (0.75-1.77) P = 0.53	1.71 (1.11-2.71) P = 0.014	1.67 (1.06-2.63) P = 0.021

NOTE. Values expressed as hazard ratio (95% CI) P. Cox model. Best model with each anti- α Gal/APA marker. Other variables not significant (sex, mode of dialysis, hemoglobin level, EPO dose, TNF- α level, ICAM level, mean renal clearance) or not fitting best model (hs-CRP level, prealbumin level, malnutrition by means of Subjective Global Assessment).

DISCUSSION

Our results confirm the notion that serum anti- α Gal and APA levels show wide variability between patients starting RRT, as previously shown in healthy people²¹ and individuals awaiting renal transplantation.²² Moreover, these levels appear to be relatively stable in time, shown by the strong correlation and high degree of concordance (Fig 1) between baseline and 1-year anti- α Gal levels. Only APA levels increased slightly after 1 year of dialysis therapy, at the expense of younger patients. Conversely, the only apparent, yet weak, demographic correlates of anti- α Gal levels in our study were sex and age. Anti- α Gal IgM levels previously were reported to be greater in women among healthy individuals,²¹ whereas older patients previously were claimed to present greater serum levels of low-affinity anti- α Gal than younger patients.²³ As a final comment to the demographic analysis in our study, we emphasize that sample size limits the significance of negative data in specific subsets (eg, patients on immunosuppressive therapy).

Recurrent lavage of B₁ cells, which may be located preferentially in the peritoneal cavity,^{7, 8, 9, 10, 11, 12} could have a potential impact on the time course of serum anti- α Gal levels during PD therapy. However, we did not observe a significant difference between the time course of serum anti- α Gal or APA levels in patients undergoing PD or hemodialysis. A previous study of humans²⁴ showed that long-term PD treatment results in a 50% decrease in numbers of B lymphocytes (including B₁) in the peritoneal cavity, without an apparent impact on total serum or salivary immunoglobulin levels (anti- α Gal levels were not specifically scrutinized). In our study, both anti- α Gal IgM and APA levels tended to be lower in PD patients after 1 year of RRT, but this may be the consequence in part of selection bias because PD patients with greatest levels of these 2 markers were more likely to abandon PD therapy during the first year because of their increased risk for enteric peritonitis.

Our study indicates that nutritional status of uremic patients does not influence significantly serum anti- α Gal or APA levels. Neither of these antibodies appears to correlate clearly with well-known markers of inflammation, although we were able to detect a moderate direct correlation between APA and anti- α Gal IgM levels on one side and TNF- α levels on the other. It is widely accepted, but unproved, that continuous contact between the human organism and gram-negative resident intestinal bacteria triggers anti- α Gal synthesis.^{13, 20} However, it presently is unclear whether recurrent intestinal transmigration of bacteria may contribute to the inflammatory status of some dialysis patients or, alternatively, inflammatory states may have a detrimental effect on the competence of the intestinal barrier in a way similar to the case of critical patients,²⁵ thus favoring the interaction between the immune system and intestinal bacteria. Results of our study do not contribute to clarify this point.

Our study shows a significant correlation between APA (but, interestingly, not anti- α Gal IgM or IgG) levels (Fig 2) and severity of anemia in patients starting RRT, indicating that the hemolytic activity of these antibodies may be clinically significant in these patients. Anti- α Gals were implicated in the clearance of senescent or abnormal erythrocytes,¹⁵ but discordant correlations between anti- α Gal IgM and APA levels (which usually correlate closely) on one side and severity of anemia on the other suggest that a non-anti- α Gal fraction of APA-related natural antibodies may be involved in the genesis of anemia of our patients. Our laboratory recently showed that these non-anti- α Gal APA-related antibodies are polyreactive and able to recognize both pig and human cells (R.M., N.D.; unpublished data). However, similar to the case of inflammatory markers, evidence provided by our study is far from conclusive, and additional studies are necessary to confirm and interpret these correlations.

Baseline anti- α Gal IgM and APA levels were significant predictors of risk for enteric peritonitis during PD therapy. This finding is not unexpected given the presumed origin of anti- α Gal. Our data mainly are consistent with the hypothesis that high serum and dialysate anti- α Gal IgM and APA levels signal patients with a disabled intestinal barrier, greater risk for bacterial transmigration, and, consequently, enteric peritonitis during PD therapy. However, we cannot rule out a pathogenic role of anti- α Gal in the progression from transient contamination to overt peritoneal infection because these antibodies were reported to be detrimental to complement-mediated clearance of intestinal bacteria.¹⁴

A remarkable finding of our study is the consistent ability of serum anti- α Gal IgM and APA levels to predict mortality in patients starting RRT. This effect persisted after controlling for a comprehensive (age, diabetes, comorbidity) prognostic marker, such as Charlson score and IL-6 and albumin levels (Table 6). Our data also indicate similar risk for cardiovascular and noncardiovascular mortality, although cardiovascular disease had either a direct or permissive role in the majority of deaths. We do not have a clear explanation for these findings. High anti- α Gal and APA levels could be simple bystanders in poor-quality patients, but if this is the case, a baseline association of anti- α Gal/APA levels with Charlson score and markers of malnutrition and inflammation should be expected. The moderate correlations found with TNF- α levels and anemia (Table 3) could be clues to this type of relationship, but anti- α Gal and APA could have a potential pathogenic role in these associations. Enteric peritonitis is another putative pathway to mortality in patients with high baseline serum anti- α Gal IgM and APA levels. It is true that no patient died as a direct consequence of these infections; however, their debilitating effects could contribute to later mortality in some cases. However, the possibility that high anti- α Gal and APA levels may be directly pathogenic cannot be ruled out. The physiopathologic characteristics of these antibodies remain unknown for the most part, but their potential roles in inhibition of complement-mediated clearance of intestinal bacteria,¹⁴ anemia,¹⁵ and autoimmune disease^{16, 17} suggest they potentially may be pathogenic, at least under certain concentrations or conditions. The last hypothesis clearly is speculative, but in the last years, there has been renewed interest in the potential role of natural antibodies in the pathogenesis of several diseases, including disorders of early defense against microbial disease,²⁶ autoimmunity, and atherosclerosis.²⁷

In conclusion, serum anti- α Gal IgM and APA levels at the start of RRT are associated significantly with risk for mortality and, in PD patients, enteric peritonitis during follow-up. Also, these antibodies correlate directly with serum TNF- α levels and, in the case of APA, severity of anemia in these patients. Additional studies are warranted to clarify the significance of these findings.

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